

# MegaFood®

Fresh From Farm To Tablet™

## Vitamin D3 1000 IU

**Supports Immune & Bone Health\***

VITAMIN  
DIETARY SUPPLEMENT

30  
TABLETS  
30  
SERVINGS

## Supplement Facts

Serving Size 1 Tablet  
Servings per Container 30

	Amount per Serving	% DV
Vitamin D3 (cholecalciferol with <i>S. cerevisiae</i> )	25 mcg (1000 IU)	125
<b>Nourishing Food &amp; Herb Blend*</b>	650 mg	**
Organic Brown Rice, <i>S. cerevisiae</i> , Organic Parsley Leaf, Organic Broccoli, Organic Carrot, Organic Beet Root		
** % Daily Value (DV) not established		

**Other Ingredients:** Cellulose, Stearic Acid, Silica.

**Suggested Use:** 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

This MegaFood product is made with real food sourced from our trusted family farm partners, wholesome nutritional yeast, carefully selected herbs and added vitamins. Each vitamin is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at [megafood.com/showme](http://megafood.com/showme). Satisfaction guaranteed or your money back.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,  
PO Box 5244, Manchester, NH 03108  
[megafood.com](http://megafood.com) / 800.848.2542



F1226B  
Rev: 14 04/17  
Best Before:  
Lot#:

