Free of: milk or milk by-products, egg or egg by-products, fish or fish by-products, shellfish or shellfish by-products, wheat or wheat by-products and peanuts or peanut by-products.

Caution: Before using any dietary supplement, pregnant or lactating women should consult with a physician or health professional.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING Keep bottle tightly closed. Store between 15°-30°C

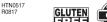
(59°-86°F).

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent

any disease. To report a serious adverse event or to obtain product

information contact 1-866-319-6299. Health Thru Nutrition® is a registered trademark of FPIC.

Manufactured in a cGMP Certified U.S.A. Facility.









Phosphatidyl Choline

Sourced from soy lecithin

420 mg of phosphatidyl choline per servina Supports Healthy Heart, Brain & Liver Functions†







Directions: Adults: Take one (1) softgel daily as a dietary supplement or as directed by your healthcare professional.

Supplement Facts Serving Size: 1 Softgel

	Amount Per Serving	% Daily Value
Phosphatidyl Choline (from High PC Lecithin)	420 mg	*
*Daily Value not established	1.	

Other Ingredients: gelatin, glycerin, medium chain triglycerides (palm sourced) and purified water.

Contains soy Manufactured for: Health Thru Nutrition 30 New York Avenue, Westbury, NY 11590 1-866-319-6299 | www.healththrunutrition.org

