

Swanson®
**SUPERIOR
HERBS**

Amla Extract

(Indian Gooseberry)

Standardized Herbal Supplement



10% Gallic Acid



60 veggie capsules

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one veggie capsule per day with water.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
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Vitamin C (from amla fruit)	6 mg 7%
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Amla Fruit Extract (Emblica officinalis) (fruit) (standardized to 10% gallic acid)	575 mg *
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*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), L-leucine, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
 Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
 or visit our website at www.swansonvitamins.com



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