



Directions: As a dietary supplement, take two tablespoons (30 mL) once daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Liquid Super Earth® Multinutrient Formula is bursting with over 25 crucial vitamins, minerals and antioxidants and more than 28 important plant-based nutrients from the foods you should eat everyday, such as American ginseng, astragalus, quercetin, rutin and ginger, healthpromoting greens like spirulina and chlorella and phytonutrient super fruits and vegetables like beets, mango, cranberry, acerola and pomegranate that also provide its naturally delicious tropical fruit flavor.

Since the human body requires a broad range of nutrients for general health and well-being, Bluebonnet's Liquid Super Earth® Multinutrient Formula is a SUPER choice to help bridge the nutrient gap in your daily diet. So if you feel that you should be getting most of your nutrients from the foods you eat and want a multivitamin & mineral supplement to support that philosophy, look to Bluebonnet's Liquid Super Earth® Multinutrient Formula and reap the benefits of taking two naturally delicious spoonfuls per day of fresh whole food essentials. A perfect choice for today's busy, stressful lifestyle.◆

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of yeast, gluten and barley.

Shake well before serving. Keep refrigerated after opening.

◆ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

Manufactured for Bluebonnet Nutrition Corporation 12915 Dairy Ashford • Sugar Land, Texas 77478 USA

Super Earth® is a registered trademark of Bluebonnet Nutrition Corporation.

Calci-K® is a registered trademark

WARNING PROP 65 Consuming this product can expose you to chemicals that are known to the State of California to cause birth defects or other reproduc-tive harm. For more information go to www.P65Warnings.ca.gov/food

MULTINUTRIENT

NO IRON ADDED Whole Food-Based **Multivitamin & Multimineral**

With Fruit and Vegetable Blend

DIETARY SUPPLEMENT

Supplement Facts Serving Size 2 Tablespoons (30 mL)

Servings Per Container 32			
Amount Per Serving		% Daily Value	
Calories	50		
Total Carbohydrate	14 g	5**	
Total Sugars	5 g	*	
Includes 5 g added sugars		10**	
Vitamin A (as 2700 IU vitamin A palmitate and 600 IU beta-carotene)	900 mcg	100	
Vitamin C (as L-ascorbic acid and calcium ascorbate)	500 mg	556	
Vitamin D ₃ (as 1600 IU cholecalciferol)	40 mcg	200	
Vitamin E (as 150 IU d-alpha tocopheryl acetate	100 mg	667	
Thiamin (as thiamin mononitrate)	20 mg	1667	
Riboflavin (as riboflavin-5-phosphate)	20 mg	1538	
Niacin (as niacinamide)	20 mg	125	
Vitamin B ₆ (as pyridoxine hydrochloride)	20 mg	1176	
Folate (as 240 mcg folic acid) 400	mcg DFE	100	
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	4167	
Biotin (as d-biotin)	10 mcg	33	
Pantothenic Acid	10 mg	200	
(as d-calcium pantothenate) Choline (as choline bitartrate)	25 mg	5	
Calcium (as calci-k® calcium potassium		10	
phosphate citrate and calcium ascorb		10	
Phosphorus (as calci-k® calcium potassium phosphate citrate)	60 mg	5	
lodine (as potassium iodide)	150 mcg	100	
Magnesium (as magnesium bisglycinate chelate)	50 mg	12	
Zinc (as zinc gluconate)	11 mg	100	
Selenium (as selenium glycinate complex)	20 mcg	36	

copper chlorophyll)	9	
Manganese (as manganese gluconate)	2 mg	87
Chromium (as chromium amino acid chelate	30 mcg	86
Molybdenum (as sodium molybdate)	90 mcg	200
Sodium	10 mg	<
Potassium (as calci-k® calcium potassium phosphate citrate)	100 mg	í
Greens Blend (from spirulina powder, chlorella	400 mg nowder)	
Fruit and Vegetable Blend (from beet juice powder, cranbe) orange juice powder, papaya po tomato concentrate powder, stra apple powder, guava powder, pe acerola berry concentrate, apric mango powder, red raspberry po kiwi powder, lemon juice powde pomegranate powder)	200 mg rry powder, wder, wberry po each powd ot powder, owder, r,	wder
Citrus Bioflavonoids Complex	100 mg	
Inositol	25 mg	
PABA (para-aminobenzoic acid)	15 mg	
American Ginseng Root Extract	10 mg	
Astragalus Root Extract	10 mg	
Quercetin	10 mg	
Rutin	10 mg	
Ginger Root Extract	5 mg	
Lycopene	750 mcg	
**Percent Daily Values based on a 2,0	00 calorie o	liet

% Daily Value

Other ingredients: Purified water, organic cane sugar, sorbitol, vegetable glycerin, natural flavors, citric acid, potassium sorbate (to protect freshness), xanthan gum and stevia leaf extract (Reb A).

Minerals are shown in their elemental value.