

Directions: As a dietary supplement, take four capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Amino Acid Capsules contain pure amino acids and dipeptide bonded amino acids derived entirely from whey lactalbumin and egg white albumin proteins. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Contains: Milk, egg

Free of fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by

Bluebonnet Nutrition Corporation

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Bluebonnet®



Amino Acid Capsules

High Potency Amino Acid 750 mg

Dietary Supplement

60 Vegetable Capsules



Supplement Facts

Serving Size 4 Capsules

Servings Per Container 15

Amount Per Serving	% Daily Value
Calories 12	
Protein 3 g	6

Amino Acid Complex 3000 mg
(from whey lactalbumin & egg albumin proteins) *

Amino Acid Profile

L-Alanine	150 mg	L-Phenylalanine	120 mg
L-Arginine	100 mg	L-Proline	140 mg
L-Aspartic Acid	285 mg	L-Serine	155 mg
L-Carnitine	15 mg	L-Threonine	160 mg
L-Cystine	70 mg	L-Tryptophan	50 mg
L-Glutamic Acid	440 mg	L-Tyrosine	90 mg
L-Glycine	70 mg	Branched Chain Amino Acids	
L-Histidine	50 mg	L-Isoleucine	180 mg
L-Lysine	240 mg	L-Leucine	270 mg
L-Methionine	80 mg	L-Valine	170 mg

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate.