

CHILDREN UNDER 12 YEARS OF AGE, PREGNANT WOMEN OR NURSING MOTHERS, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE TAKING THIS PRODUCT. KEEP OUT OF REACH OF CHILDREN.

∞ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Recent clinical research on the herb valerian reveals it may improve sleep quality and ease occasional sleeplessness. ∞ This exclusive NUTRILITE® formula contains a unique blend of standardized valerian extract plus whole valerian root extract for broad true-to-the-plant benefits. It also contains hops and lemon balm for their mild calming effects, plus the exclusive NUTRILITE Citrus Bioflavonoid Complex. This product contains no artificial flavors, colors or added preservatives. NOTE: Valerian has a distinctive natural aroma.

3 TABLETS AT BEDTIME

90 Tablets



Sleep Health

Helps you Relax to Fall Asleep[∞]

DIETARY SUPPLEMENT



 **NUTRILITE®**



SUGGESTED USE: For occasional sleeplessness, take three tablets before bedtime.

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Standardized Valerian Root Extract (0.8% valerenic acids)	450 mg	†
Valerian Whole Root Extract	150 mg	†
Lemon Balm Extract (leaf)	150 mg	†
Hops Extract (cone)	100 mg	†
Citrus Bioflavonoid Concentrate (grapefruit, mandarin, lemon)	100 mg	†

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Corn Starch, Stearic Acid (From Soy), Sodium Carboxymethylcellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Glycerin, Natural Flavor.

Dist. by Amway Corp., Ada, MI 49355

For Questions: 1-800-253-6500

Amway.com/Nutrilite

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