

SUGGESTED USE: Once a day.

As a dietary supplement, take 4 capsules with an 8 oz. glass of water once daily. On workout days, take the capsules 30-60 minutes prior to workout. It is recommended that you drink ten 8 oz. glasses of water daily. To avoid sleeplessness, do not take within 4 hours of bedtime. Please read the entire label before use and follow directions carefully.

N.O. MONSTER is an advanced muscle growth formula designed to promote muscle growth and extreme pumps.

CAUTION: This product is not intended to diagnose, cure, treat or prevent any disease, but is rather a dietary supplement intended for nutritional support.

Seek advice from a health care practitioner to use if you have high blood pressure, heart or thyroid disease, diabetes, difficulty in urination due to prostate enlargement, or if you are pregnant, nursing, or taking a MAO inhibitor or any prescription drug. Reduce or discontinue use if nervousness, tremors, sleeplessness, loss of appetite or nausea occur. Not intended for use by persons under 18 years of age. Do not exceed recommended serving size.

**KEEP OUT OF REACH OF CHILDREN.
MUST BE 18 YEARS OF AGE TO USE OR BUY.**

† These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat,
or prevent any disease(s).



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N.O. MONSTER™

**120
Capsules**

Dietary Supplement

**BREAK OUT
THE MONSTER™**
Supports Muscle Growth†
Get Big, Get N.O. Monster!†

**MONSTER
NITRIC
OXIDE
PUMPS!**

Supplement Facts

Serving Size 4 Capsules

Servings Per Container 30

Amount Per Serving		%DV
Vitamin B3 (as Niacin)	50 mg	250%
N.O. Monster Proprietary Blend	3000 mg	*
L-Arginine Alpha Ketoglutarate (AAKG), L-Glutamine, L-Taurine, Caffeine, L-Ornithine HCl, Yohimie Extract (standardized to 8% Yohimbine) (Pausinystalia Yohimbe) (bark), L-Ornithine AKG, L-Lysine		

* Daily Values Not Established.

Other Ingredients: Vegetable Gelatin, Magnesium Stearate, Silicon Dioxide, and FD&C Red #40.

