

SUGGESTED USE:

Take 2 tablets daily with a meal.

DESCRIPTION:

VITAMONSTER™ Male Multivitamin is designed to meet the daily vitamin and mineral needs of the active male to help increase overall health, energy, muscle development, and strength.

CAUTION:

This product is a dietary supplement intended for nutritional support.

Seek advice from a health care practitioner to use if you have high blood pressure, heart or thyroid disease, diabetes, difficulty in urination due to prostate enlargement, or if you are pregnant, nursing, or taking a MAO inhibitor or any prescription drug. Reduce or discontinue use if nervousness, tremors, sleeplessness, loss of appetite or nausea occur. Not intended for use by persons under 18 years of age. Do not exceed recommended serving size.

KEEP OUT OF REACH OF CHILDREN. MUST BE 18 YEARS OF AGE TO USE OR BUY.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, or prevent any disease(s).

VITAMONSTER™

MALE MULTIVITAMIN

**MONSTER MALE™
PERFORMANCE**

60 Tablets

Dietary Supplement

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	% DV
Vitamin A (as Vitamin A acetate)	6000 IU 100%
Vitamin C (as ascorbic acid)	300 mg 500%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as d-alpha Tocopheryl Succinate)	150 IU 500%
Vitamin B-1 (as Thiamin Mononitrate)	25 mg 1668%
Vitamin B-2 (as Riboflavin)	25 mg 1471%
Vitamin B-3 (as Nicotinamide)	25 mg 125%
Vitamin B-6 (as Pyridoxine)	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	300 mcg 5000%
Biotin	250 mcg 83%
Pantothenic Acid	25 mg 250%
Iodine (as Potassium Iodine)	150 mcg 100%
Calcium (as Calcium Carbonate)	200 mg 20%
Magnesium (as Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Selenium Amino Acid Chelate)	100 mcg 143%
Copper (as Copper Amino Acid Chelate)	2 mg 100%
Manganese (as Manganese Amino Acid Chelate)	5 mg 250%
Chromium (as Chromium Amino Acid Chelate)	100 mcg 83%
Saw Palmetto Berries Powder (fruit)	100 mg **
Damiana Leaf	70 mg **
Choline (as Choline Bitartrate)	10 mg **
Inositol	10 mg **
Para Amino Benzoic Acid	10 mg **
Alpha Lipoic Acid	5 mg **
Lutein 5%	25 mg **
Lycopene 5%	12.5 mg **

** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, titanium dioxide.



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