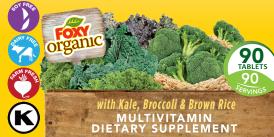


## Balanced B Complex

**Promotes Healthy Energy Levels\*** 



## Supplement Facts Serving Size 1 Tablet Servings per Container 90

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Amount per Serving		% DV	$\overline{\mathbf{v}}$	Valley. Today, the next three generations of
♥ Vitamin B1(thiamine HCl in S. cerevisiae)	9	mg	600	family continue his legacy
♦ Vitamin B2 (riboflavin in organic brown rice†)	9	mg	529	of growing top-quality
Niacin(niacinamide in <i>S. cerevisiae</i> )	45	mg	225	produce, and taking care
☑ Vitamin B6 (pyridoxine HCl in <i>S. cerevisiae</i> )	10	mg	500	of the environment while
◆ Folic Acid (in broccoli)	400	mcg	100	they're at it. MegaFood is
Vitamin B12 (cyanocobalamin in S. cerevisiae)	125	mcg	2083	proud to include the fresh
♣3 Biotin(in organic brown rice†) :	300	mcg	100	of their Foxy Organic kale i
2 Pantothenic Acid (calcium pantothenate				Balanced B Complex.
in organic brown rice†)	45	mg	450	MegaFood has been impro
Crganic Kale <sup>††</sup>	125	mg	**	with whole foods from trus

\*\* % Daily Value (DV) not established † Lundberg Family Farms †† Foxy Organic

Other Ingredients: Plant Cellulose, Silica, Stearic Acid. Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

Made with Love by MegaFood, PO Box 5244 Manchester, NH, 03108 To learn more, visit megafood, com or call 800.848,2542

Foxy Organic is a trademark of The Nunes Company, Inc. Lundberg Family Farms Since 1937 is a registered trademark of Wehah Farm, Inc.

In the early 1930's, Tom Nunes began farming in California's fertile Salinas Valley, Today, the next three generations of family continue his legacy of growing top-quality produce, and taking care of the environment while



Tom Nunes Jr. of Foxy Organic

proud to include the fresh goodness of their Foxy Organic kale in our Balanced B Complex.

MegaFood has been improving lives since 1973. We start with whole foods from trusted farm partners to craft each of our FoodState Nutrients™, delivering authentic nutrition - far more than vitamins and minerals alone.

Care The Property of the P to provide essential vitamins and minerals that are easy-to-digest and gentle on the body, even when taken on an empty stomach. See how they're made at megafood.com/showme.

\* This statement has not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure or prevent any disease.



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Lot#: Best Before

