

Swanson®
**SUPERIOR
HERBS**

Rhodiola Rosea Extract



Standardized Herbal Supplement

60 capsules

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule with water before breakfast and one capsule before lunch.

WARNING: Do not take if pregnant or nursing.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Rhodiola rosea Root Extract	250 mg*
(standardized to 5% rosavins and minimum 15% polyphenols)	
Rhodiola rosea Root	100 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), maltodextrin, magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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