



MegaFood®

Fresh From Farm To Tablet™

Balanced Minerals

Maintains Bone &
Cardio Health*

90
TABLETS
30
SERVINGS

MULTIMINERAL
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings per Container 30

	Amount per Serving	% DV
Calcium (mineral bound <i>S. cerevisiae</i>)	100 mg	8
Iodine (mineral bound <i>S. cerevisiae</i>)	50 mcg	33
Magnesium (mineral bound <i>S. cerevisiae</i>)	50 mg	12
Zinc (mineral bound <i>S. cerevisiae</i>)	15 mg	136
Selenium (mineral bound <i>S. cerevisiae</i>)	60 mcg	109
Manganese (mineral bound <i>S. cerevisiae</i>)	2 mg	87
Chromium (GTF) (mineral bound <i>S. cerevisiae</i>)	60 mcg	171
Molybdenum (mineral bound <i>S. cerevisiae</i>)	23 mcg	51
Boron (mineral bound <i>S. cerevisiae</i>)	500 mcg	**
Organic Trace Mineral Blend	150 mg	**
Organic Nettle Leaf, Organic Spring Horsetail Leaf		

** % Daily Value (DV) not established

Other Ingredients: Silica, Stearic Acid, Cellulose.

Suggested Use: 3 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

This MegaFood product is made with real food, carefully selected herbs and added nutrients. Each mineral is paired with wholesome nutritional yeast using a unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,
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Lot#:
Best
Before: