

RESPONSIBLY SOURCED FROM
THE PHILIPPINES AND SRI LANKA

NATURAL FORCE 100% PURE COCONUT MCT OIL is a pure source of fats that may be used as energy for both your mind and body. Raising the bar in quality and purity, our MCT oil is sourced entirely from coconuts and is project non-gmo verified. There is some evidence that MCT oil may be easily converted into ketones to be used as energy rather than stored as fat.* Many MCT oils lose their pizzazz by the time they make it to you, but ours is produced using a special method, which allows it to maintain a high level of lauric acid content. Lauric Acid, a powerful fat that is also found in mother's milk, is a rare Medium Chain Triglyceride that may help increase metabolism and could help support your immune system.* Whether you need a burst of energy, or want to help keep your body lean and your brain operating at the most optimal level, our convenient MCT oil is great for adding to shakes, coffee and other beverages!*

SUGGESTIONS:



Add to Coffee



Add to Shakes



Use for Cooking

DIRECTIONS:

Mix 1-3 tablespoons into your favorite shake, coffee, or beverage as needed for energy and daily health optimization. Our coconut MCT oil can be taken by itself, but is also ideal for cooking, sautéing, baking, salad dressings, sauces, and dips!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100% PURE COCONUT

MCT OIL



ODORLESS &
UNFLAVORED



VITALITY SERIES



QUICK ENERGY*



BRAIN FUEL*



IMMUNE SUPPORT*



BOOST KETOSIS*



FEATURING 30% LAURIC ACID
CONTENT FROM PURE COCONUTS

Supplement Facts

Serving Size: 1 Tablespoon (15mL)
Serving Per Container: About 32

Amount Per Serving	% Daily Value	
Calories	130	
Calories From Fat	130	
Total Fat	14g	22%**
Saturated Fat	14g	70%**
Cholesterol	0g	0%**
Sodium	0g	0%**
Total Carbohydrate	0g	0%**
Protein	0g	0%**

Medium Chain Triglycerides (MCTs)

C8:0 — Caprylic Acid	5,200mg*	†
C10:0 — Capric Acid	3,400mg*	†
C12:0 — Lauric Acid	3,800mg*	†

** Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

* Natural variation is expected

Ingredients: MCT Oil from Non-GMO Verified Coconuts.

Allergen Warning: Contains Tree Nuts (Coconut)

Product of the Philippines and Sri Lanka

Project Non-GMO Verified by NSF

Certified Paleo by The Paleo Foundation, Inc.

Certified Vegan by Vegan Action

Certified Keto by the Paleo Foundation

Certified Kosher by Orthodox Union



MCT-OIL-16



NATURALFORCE NUTRITION, INC.
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NATURALFORCE.COM

16 FL OZ [473mL] • DIETARY SUPPLEMENT