

NO COATING
ECBM4291

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MENOPAUSE
SUPPLEMENT from Estroven®

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- **Black Cohosh plus Soy Isoflavones** to help reduce hot flashes and night sweats*
- **High Potency of B Vitamins** to support natural energy production*
- **Vitamin E, Calcium and Selenium** to support women's health*

Supplement Facts

Serving Size: One (1) Caplet

	Amount Per Serving	% Daily Value
Vitamin E (as di-alpha-tocopheryl acetate)	13.5 mg	90%
Thiamin (as thiamine mononitrate)	2 mg	167%
Riboflavin	2 mg	154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	6 mcg	250%
Calcium (as dicalcium phosphate and calcium carbonate)	100 mg	8%
Selenium (as sodium selenate)	70 mcg	127%
JuJube Date Seed Extract (<i>Ziziphus spinosai</i>)	100 mg	†
Black Cohosh Root Extract (<i>Cimicifuga racemosa</i>)	40 mg	†
Isoflavones (from Kudzu [<i>Pueraria lobata</i>] Root Extract and Soybeans)	40 mg	†

† Daily Value not established.

Other ingredients: Microcrystalline cellulose, film coat (hypromellose, titanium dioxide [color], propylene glycol, vanillin, polyethylene glycol, caramel [color], riboflavin [color], hydroxypropyl cellulose), stearic acid (vegetable source), croscarmellose sodium, silicon dioxide, magnesium stearate (vegetable source).

Contains soy.

Distributed by i-Health, Inc. 55 Seabreeze Drive, Cromwell, CT 06416

Made in the USA with US and imported materials.

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As with any dietary supplement, please inform your healthcare professional before taking.

Do not take if pregnant, breastfeeding or intending to become pregnant.

Keep out of reach of children.

For questions, concerns, or to report an adverse event,
please call 1-877-ESTROVEN or visit www.estroven.com

DIRECTIONS: Take one (1) caplet per day near
mealtime. For best results, daily use is important.



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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Only Estroven® has a full line of products each designed to reduce hot flashes and night sweats
plus help with your most bothersome symptoms.* Look for the solution that meets your specific
needs and information on where to buy at www.estroven.com

ESTROVEN®
ENERGY

ESTROVEN® STRESS
Plus MOOD & MEMORY

ESTROVEN®
SLEEP COOL®
& CALM

ESTROVEN®
HEALTHY METABOLISM
& WEIGHT MANAGEMENT

ESTROVEN®
MAXIMUM STRENGTH

Safely Helps Reduce Hot Flashes*

MENOPAUSE SUPPLEMENT
from Estroven®

Hot Flash & Night Sweat Relief*
with Black Cohosh and Soy Isoflavones
PLUS Vitamins & Minerals

SAFE & EFFECTIVE
DIETARY SUPPLEMENT
15 CAPLETS

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estrogen, preservatives, yeast, wheat, gluten, lactose or animal products.
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