

Supplement Facts

Serving Size 1 Tablet Servings per Container 90

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Amount per Serving	% D	٧	
Calcium (mineral bound <i>S. cerevisiae</i>) 50	mg	4	
Organic Nettle Leaf 50	mg '	* *	

Other Ingredients: Stearic Acid, Silica, Cellulose,

** % Daily Value (DV) not established

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

*2 This MegaFood product includes carefully selected herbs and added nutrients. Each mineral is paired with wholesome nutritional yeast using a unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.



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Lot#: Best Before

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood, PO Box 5244, Manchester, NH 03108