



MegaFood®

Fresh From Farm To Tablet™

Zinc

Promotes Immune Health*

Supplement Facts

Serving Size 1 Tablet
Servings per Container 60

	Amount per Serving	% DV
Zinc (mineral bound <i>S. cerevisiae</i>)	22.5 mg	205

Nourishing Food Blend*	63 mg	**
Organic Spinach Leaf, <i>S. cerevisiae</i> , Organic Brown Rice, Organic Parsley Leaf, Organic Carrot, Organic Broccoli, Organic Beet Root		

** % Daily Value (DV) not established

Other Ingredients: Cellulose, Stearic Acid, Silica.

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

This MegaFood product is made with real food, carefully selected herbs and added nutrients. Each mineral is paired with wholesome nutritional yeast using a unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,
PO Box 5244, Manchester, NH 03108
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Lot#:
Best
Before:

MINERAL
DIETARY SUPPLEMENT

60
TABLETS
60
SERVINGS