

Recommended Dose: Adults (19 years and older): Take three drops once daily with a meal or as recommended by your healthcare practitioner. Adolescents (12-18 years): Take two drops once daily with a meal or as recommended by your healthcare practitioner. **Risk Information:** Do not use if you are pregnant, breastfeeding, or have a history of systemic lupus erythematosus. Consult your healthcare practitioner prior to use if you are taking any medication or have any health condition. **Guaranteed to contain no added wheat, yeast, gluten, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products.** **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

Spot UV Location



GENESTRA BRANDS

Liquid Iodine

DIETARY SUPPLEMENT

1 fl oz (30 ml)

Supplement Facts

Serving Size 12-18 years: 2 Drops (0.1 ml); 19+ years: 3 Drops (0.15 ml)

Servings per Container 12-18 years: 300; 19+ years: 200

	Amount per 2 Drops	% DV	Amount per 3 Drops	% DV
Iodine (as potassium iodide/kelp)	300 mcg	200%	450 mcg	300%
Alfalfa (<i>Medicago sativa</i>) Leaf	38.4 mcg	*	57.6 mcg	*
Dulse (<i>Palmaria palmata</i>) Fronds	38.4 mcg	*	57.6 mcg	*

* Daily Value (DV) not established

Other ingredients: Glycerin, purified water
May contain: Fish, shellfish

Seroyal

Made in Canada for
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V3 **210-30U**