

Super Trio®

Vitamins and Minerals • Essential Fatty Acids • Antioxidants

Stock No. 222-7
NATURE'S SUNSHINE PRODUCTS, INC.
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RECOMMENDATION

Each day take the contents of two packets: take one packet in the morning with breakfast, and one packet in the evening with a meal.

Supplement Facts

Serving Size 2 Packets

SUPER SUPPLEMENTAL

Serving Size 2 Tablets

Amount Per 2 Tablets		% Daily Value
Vitamin A (beta-carotene, palmitate).....	8,000 IU.....	160%
Vitamin C (ascorbic acid).....	250 mg.....	417%
Vitamin D ₃ (cholecalciferol).....	300 IU.....	75%
Vitamin E (d-alpha tocopherol from soy).....	50 IU.....	167%
Vitamin B ₁ (thiamine).....	12.5 mg.....	834%
Vitamin B ₂ (riboflavin).....	10 mg.....	588%
Niacin (niacinamide).....	30 mg.....	150%
Vitamin B ₆ (pyridoxine HCl).....	15 mg.....	750%
Folic acid.....	100 mcg.....	25%
Vitamin B ₁₂ (cyanocobalamin).....	50 mcg.....	833%
Biotin.....	150 mcg.....	50%
Pantothenic Acid (d-calcium pantothenate).....	75 mg.....	750%
Calcium (di-calcium phosphate, citrate, amino acid chelate).....	200 mg.....	20%
Phosphorus (di-calcium phosphate).....	110 mg.....	11%
Iodine (potassium iodide).....	100 mcg.....	67%
Magnesium (oxide, amino acid chelate).....	200 mg.....	50%
Zinc (gluconate).....	15 mg.....	100%
Selenium (amino acid chelate).....	50 mcg.....	71%
Copper (gluconate).....	1 mg.....	50%
Manganese (amino acid chelate).....	1.5 mg.....	75%
Chromium (amino acid chelate).....	50 mcg.....	42%
Potassium (citrate).....	50 mg.....	2%
Inositol.....	25 mg.....	*
p-Aminobenzoic Acid (PABA).....	12.5 mg.....	*
Choline (bitartrate).....	25 mg.....	*
Lycopene.....	500 mcg.....	*

Herbal and Protector Shield® Proprietary Blend.....	127.5 mg.....*
Lutein, Antioxidant Fruit Blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, blueberry), dandelion root, alfalfa aerial parts, asparagus stem, broccoli flowers, cabbage leaf, hesperidin bioflavonoid extract, lemon bioflavonoid extract, rutin, rose hips extract, chlorophyll, kelp leaf and stem, cranberry fruit, mangosteen fruit, carrot root, spinach leaf and stem, tomato fruit, acai berry, pomegranate fruit extract, l-leucine, l-lysine, l-valine, l-isoleucine, l-phenylalanine, l-threonine, l-arginine, l-methionine, l-tyrosine, l-cysteine.	

*Daily Value not established

Other Ingredients: Cellulose (plant fiber), stearic acid (vegetable), magnesium stearate (vegetable), silicon dioxide (powdered silica).

SUPER OMEGA 3 EPA

Serving Size 2 Capsules

Amount Per 2 Capsules

Fish Oil (anchovy, sardine, mackerel).....	2000 mg.....*
Eicosapentaenoic acid (EPA).....	760 mg.....*
Docosahexaenoic acid (DHA).....	380 mg.....*

* Daily Value not established

Other Ingredients: Natural lemon oil, gelatin, glycerin, and water.

SUPER ORAC

Serving Size 2 Capsules

Amount Per 2 Capsules

		% Daily Value
Selenium (l-selenomethionine).....	12 mcg.....	17%
Polyphenols.....	150 mg.....	*
Proprietary Blend.....	535 mg.....	*

Green Tea Leaves Extract (*Camellia sinensis*), Mangosteen Pericarp Extract (*Garcinia mangostana*), Turmeric Root Extract (*Curcuma longa*), Quercetin Dihydrate (from Japanese Pagoda Tree Fruit - *Sophora japonica*), Resveratrol (from Japanese Knotweed Root - *Polygonum cuspidatum*), Apple Fruit Extract (*Malus domestica*), Açai Berry Concentrate (*Euterpe oleracea*)

* Daily Value not established

Other Ingredients: Cellulose (plant fiber), magnesium stearate (vegetable), silicon dioxide (powdered silica), gelatin, and water.

This carton was sealed for your protection. Do not use if outer shrink wrap is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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Each packet of **Super Trio** offers powerful, effective doses of three potent Nature's Sunshine formulas. Taken together, these proprietary blends offer a nutritious combination of essential fatty acids, vitamins, minerals and antioxidants—each an important component of daily nutrition, vitality, and longevity.*

Super Supplemental (without iron): Eating enough good food to get proper amounts of vitamins and minerals can be difficult, especially for younger people who are on-the-go or for older people who simply find it difficult to eat proper quantities of good food. Super Supplemental (without iron) is a unique combination of vitamins, minerals, phytonutrients, herbs, antioxidants and amino acids. This product provides substantial levels of 12 essential vitamins and 10 minerals, plus two carotenoid antioxidants: lutein and lycopene. Also, this product contains additional nutrients from Nature's Sunshine's Protector Shield® Blend—a combination of nutrient-dense fruits, vegetables, and herbs. Super Supplemental is coated with a proprietary chlorophyll coating, and also contains herbal trace minerals, and extra amounts of B-vitamins (depleted by physical stress).*

Super Omega 3 EPA: Essential Fatty Acids are not produced by the body, yet they are important to the health of our cells, heart, brain, and body. Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. Each Super Omega-3 EPA capsule contains approximately 1,000 mg fish oil with a ratio of 2:1 EPA to DHA, plus lemon oil to mask any aftertaste.*

Super ORAC: Oxidative stress is implicated in aging and overall cardiovascular and neurological health. The antioxidants contained in Super ORAC may help neutralize oxidation and the destructive effects of free radicals. ORAC is an acronym for "oxygen radical absorbance capacity" and is used to determine the antioxidant value of foods or supplements. Green Tea, Mangosteen, Turmeric, Quercetin, Resveratrol, Apple, Açai, and Selenium make up the powerful antioxidant profile of this Super ORAC formulation.*

Each daily serving of Super Trio provides the antioxidant power of three average servings of fruits or vegetables.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Improved Formula:
Greener, Higher
Antioxidant Value.

Super Trio®

Vitamins and Minerals • Essential Fatty Acids • Antioxidants



DIETARY SUPPLEMENT - 30 DAY SUPPLY

60 PACKETS - (120 Capsules, 60 Tablets)

Cada sobre de **Super Trio** ofrece dosis poderosas y efectivas de tres fórmulas potentes de Nature's Sunshine. Juntas, esta formulación patentada ofrece una combinación nutritiva de ácidos grasos esenciales, vitaminas, minerales y antioxidantes—siendo cada uno un componente importante para la nutrición diaria, la vitalidad y longevidad.*

Super Supplemental (sin hierro): Puede ser difícil consumir las porciones adecuadas de alimentos para obtener las cantidades apropiadas de vitaminas y minerales, especialmente para los jóvenes que siempre van de prisa o para personas maduras que simplemente encuentran difícil comer cantidades apropiadas de buen alimento. Super Supplemental (sin hierro) es una combinación única de vitaminas, minerales, fitonutrientes, hierbas y aminoácidos. Este producto provee niveles substanciales de 12 vitaminas esenciales y 10 minerales, además de dos antioxidantes carotenoides: luteínas y licopeno. Además, este producto contiene nutrientes adicionales de la combinación Protector Shield® Blend de Nature's Sunshine—una combinación de frutas, vegetales y hierbas todos sumamente alimenticios. Super Supplemental está cubierto con una capa patentada de clorofila, y además contiene oligoelementos herbáceos (trazas de minerales) y cantidades extra de vitaminas B (que disminuyen por el estrés físico).*

Super Omega 3 EPA: Los ácidos grasos esenciales no son producidos por el cuerpo, aún así, son importantes para la salud de nuestras células, corazón, cerebro, y el cuerpo. Las investigaciones de apoyo, aunque no conclusas, muestran que el consumo de ácidos grasos EPA y Omega 3 DHA pueden reducir el riesgo de enfermedades coronarias. Cada cápsula de Super Omega-3 EPA contiene aproximadamente 1,000 mg de aceite de pescado con una proporción de 2 EPA a 1 DHA, más aceite de limón para enmascarar cualquier sabor durante el regusto.*

Super ORAC: Se ha implicado el estrés oxidante con el envejecimiento y la salud cardiovascular y neurológica general. Los antioxidantes contenidos en Super ORAC pueden neutralizar la oxidación y los efectos destructivos de los radicales libres. ORAC es un acrónimo inglés para la "capacidad de absorción de radicales de oxígeno" y se usa para determinar el valor antioxidante de los alimentos o suplementos. El té verde (green tea), el mangostino, la cúrcuma (turmeric), la quercetina, el resveratrol, la manzana, el açai, y el selenio forman el poderoso perfil antioxidante de la fórmula Super ORAC.*

Cada porción diaria de Super Trio provee el poder antioxidante de tres porciones de frutas o vegetales.

*Estas afirmaciones no han sido evaluadas por la FDA. Estos productos no están dirigidos para el diagnóstico, tratamiento, cura o prevención de ninguna enfermedad.