GLUTAMINE IS THE MOST ABUNDANT
AMINO ACID IN MUSCLE. Your body can
normally produce enough, but when you're
taking performance to the limit, an extra shot of
pure glutamine can support recovery.\* Each
serving of ABB's Gluta-Force® provides 5 grams
of pure L-glutamine. It's the recovery
supplement for those who put a greater effort
into every rep.\*

- 5 G of Pure L-Glutamine
- No Sugar
- Unflavored for Stacking Versatility
- ▲ These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# Supplement Facts

Serving Size 1 Rounded Teaspoon (5.25 g) Servings Per Container 95

### **Amount Per Serving**

L-Glutamine

5 g

\* Daily Value not established.

## OTHER INGREDIENTS: None.

Manufactured and Distributed by:
ABB PERFORMANCE
Walterboro, SC 29488
1-866-353-9222
www.abbperformance.com



NOTICE: Do not use as a sole source of nutrition.

Not for use by those with pre-existing medical conditions or taking any medications, those under the age of 18 or women that are pregnant or nursing. Store in a cool, dry place. Contents sold by weight not volume.

#### DIRECTIONS

- Pour 8 oz (240 mL) of water or your favorite beverage into a glass
  Mix in 1 rounded teaspoon of
- Gluta-Force® Powder
- Stir clockwise & counter-clockwise until thoroughly mixed

## ADVANCED OPTIONS

 Stack Gluta-Force® with your post-workout protein shake and/or Crea-Force® to create an even more powerful recovery supplement<sup>\*</sup>

#### SUGGESTED USE

Consume one serving of Gluta-Force® post-workout and/or between meals to support muscle recovery from intense exercise. •

NET WT. 1.1 LB (500 G)