

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN

Psyllium Warning: May cause allergic reaction in people sensitive to inhaled or ingested psyllium.

NOTE: Consult your physician before using this product if you are pregnant, nursing, taking medication, or have a medical condition.

Do not use if inner or outer seal is broken, torn, or missing. To ensure freshness and potency, keep bottle tightly closed and store in a cool, dry place.

PRODUCT FILLED BY WEIGHT NOT VOLUME



Distributed by: Enzyme Formulations, Inc.
Madison, Wisconsin 53719 - USA
www.enzymeformulations.com
800-614-4400



1-64732-5



Challenge™

A Dietary Supplement

8oz. (226.8 g)

Directions for Use: Take 9 g (~1 rounded tablespoon) between meals, 2 times daily or as directed. Blend thoroughly in a full 8 oz. glass of water or juice to avoid swallowing difficulty. Do not consume dry.

Supplement Facts

Serving Size: 9 g (~1 rounded tablespoon)

Servings Per Container: About 25

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 35		Fig (Ficus carica) (fruit) 2830 mg	*
Total Fat <1 g	<1%**	Psyllium (Plantago ovata) (husk) 1830 mg	*
Total Carbohydrates 6 g	2%**	Fennel (Foeniculum vulgare) (seed) 1800 mg	*
Dietary Fiber 4 g	15%**	Flax (Linum usitatissimum) (seed) 1360 mg	*
Sugars 1 g	+	Pumpkin (Cucurbita pepo) (seed) 980 mg	*
Protein <1 g	1%	Guar (Cyamopsis tetragonoloba) (gum resin) 200 mg	*
Sodium 10 mg	<1%		

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.