



SWANSON[®]
PREMIUM BRAND

bringing wellness to the world since 1969

Full Spectrum[®] Oregon-Grape Root

Herbal Supplement

60 capsules • 400 mg



• DO NOT USE IF SEAL IS BROKEN.
• STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with water.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications. Not recommended for long-term use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Oregon-Grape Root (Mahonia aquifolium)	400 mg*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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