

EXTREME
XXL

1060
CALORIES
PER SERVING

WEIGHT GAIN POWDER

BIGGER MUSCLES ARE MADE WITH HEAVY TRAINING and extra calories. Plan out your lifting and depend on ABB to take nutrition over the top. Extreme XXL delivers 1060 calories of mass building potential from proteins and carbs.* Mix with low-fat milk for even more quality mass building calories.* A cascade of vitamins and minerals provides necessary nutrients.* Its your spotting partner for achieving greatness.

- 40 G Protein
- 215 G Stacked Carbs*
- Vitamin & Mineral Blend



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40G PROTEIN
215G STACKED CARBS*

VANILLA
Natural & Artificial Flavors

DIETARY SUPPLEMENT NET WT. 6 LB (2.7 KG)

Supplement Facts

Serving Size 4 Rounded Scoops (283 g)
Servings Per Container 9

Amount Per Serving	% Daily Value	% Daily Value w/ 2% Milk	Amount Per Serving	% Daily Value	% Daily Value w/ 2% Milk
Calories	1060	1300	Iron (as ferrous fumarate)	4 mg 22%	4.2 mg 23%
Calories from Fat	35	120	Phosphorus (as dipotassium phosphate, dicalcium phosphate)	170 mg 17%	630 mg 63%
Total Fat	4 g 6%*	13 g 20%*	Iodine (as potassium iodide)	150 mcg 100%	150 mcg 100%
Saturated Fat	2.5 g 13%*	8 g 40%*	Magnesium (as magnesium aspartate)	100 mg 25%	165 mg 41%
Cholesterol	80 mg 27%	115 mg 38%	Zinc (as zinc citrate)	12.5 mg 83%	14.4 mg 96%
Total Carbohydrate	215 g 72%*	238 g 79%*	Selenium (as selenomethionine)	58 mcg 83%	58 mcg 83%
Dietary Fiber	0 g 0%*	0 g 0%*	Copper (as copper gluconate)	0.84 mg 42%	0.84 mg 42%
Sugars	17 g	40 g	Manganese (as manganese amino acid chelate)	1.5 mg 75%	1.5 mg 75%
Protein	40 g 80%*	56 g 112%*	Chromium (as chromium polynicotinate)	100 mcg 83%	100 mcg 83%
Vitamin A (as beta carotene)	4000 IU 80%	5000 IU 100%	Molybdenum (as molybdenum amino acid chelate)	62 mcg 83%	62 mcg 83%
Vitamin C (as ascorbic acid)	50 mg 83%	54 mg 90%	Sodium	390 mg 16%	630 mg 26%
Vitamin D (as cholecalciferol)	165 IU 41%	365 IU 91%	Potassium (as dipotassium phosphate, potassium iodide)	680 mg 19%	1430 mg 41%
Vitamin E (as d-alpha tocopheryl succinate)	25 IU 83%	25 IU 83%			
Thiamin (as thiamin mononitrate)	4 mg 267%	4.2 mg 280%	Creatine Monohydrate	800 mg **	800 mg **
Riboflavin	3.3 mg 194%	4.1 mg 241%	L- Glutamine	400 mg **	400 mg **
Niacin (as niacinamide)	42 mg 210%	42.4 mg 212%	Glutamine Peptides	400 mg **	400 mg **
Vitamin B6 (as pyridoxine hydrochloride)	4.2 mg 210%	4.4 mg 220%	Choline (as choline bitartrate)	200 mg **	200 mg **
Folic Acid	330 mcg 83%	354 mcg 89%	Inositol	200 mg **	200 mg **
Vitamin B12 (as cyanocobalamin)	8.3 mcg 138%	10 mcg 167%	PABA (para-aminobenzoic acid)	4 mg **	4 mg **
Biotin	250 mcg 83%	250 mcg 83%			
Pantothenic Acid (as d-calcium pantothenate)	21.3 mg 213%	22.8 mg 228%			
Calcium (as calcium citrate, dicalcium phosphate)	330 mg 33%	920 mg 92%			

OTHER INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Egg Albumen, Sweet Dairy Whey), Natural and Artificial Flavors, Medium Chain Triglycerides, Lecithin, Acesulfame Potassium.
ALLERGEN INFORMATION: CONTAINS MILK, SOY, EGG AND WHEAT.



Manufactured and Distributed by:
ABB PERFORMANCE
Walterboro, SC 29488
This product contains ingredients of international and domestic origin

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- DIRECTIONS
- Pour 16 oz (470 mL) of water, low-fat milk or your favorite beverage into a glass
 - Mix in 4 rounded scoops of Extreme XXL Powder
 - Stir clockwise & counter-clockwise until thoroughly mixed

- ADVANCED OPTIONS
- Use a shaker cup for faster, easier mixing
 - Add in fresh or frozen fruit, nuts and other ingredients using an electric blender
 - Stack Extreme XXL with Gluta-Force and/or Crea-Force to create a powerful size and strength supporting shake

SUGGESTED USE

Consume one serving of Extreme XXL between meals and/or post-workout to add quality calories to your diet while supporting muscle recovery. TIP: Start with a 2-scoop half serving before drinking a full serving to get used to consuming weight gain supplements.

WARNING: DIABETICS AND HYPOGLYCEMICS, CONSULT A PHYSICIAN BEFORE USING THIS PRODUCT.

NOTICE: Not for use by those with pre-existing medical conditions or taking any medications, those under the age of 18 or women that are pregnant or nursing. Store in a cool, dry place. Contents sold by weight not volume.

VANILLA
Natural & Artificial Flavors

Barcode
FPO UPC
0 45529 58940 7

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.