

TAMPER EVIDENT: Do not use if imprinted safety seal
under cap is broken or missing

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% DV*
Vitamin A (Palmitate)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Cholecalciferol)	400 IU	100%
Vitamin E (dl - Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin B-1 (Thiamine Mononitrate)	1.8 mg	106%
Vitamin B-2 (Riboflavin)	1.7 mg	85%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine HCl)	2.6 mg	104%
Folic Acid	0.8 mg	100%
Vitamin B-12 (Cyanocobalamin)	8 mcg	100%
Calcium (Calcium Carbonate)	200 mg	15%
Iron (Ferrous Fumarate)	28 mg	156%
Zinc (Oxide)	25 mg	167%

*% Daily Value for Pregnant and Lactating Women



THE SENSIBLE CHOICE
FOR PRICE AND HEALTH

Prenatal

Multi-Vitamin & Mineral Dietary Supplement

*For Woman Before,
During & After Pregnancy*

100 Tablets

Other ingredients: cellulose, croscarmellose sodium, magnesium stearate, hypromellose, PEG, mineral oil, titanium dioxide, talc, FD&C Red #40, FD&C Yellow #6, FD&C Blue #2

INDICATIONS: For use as a dietary supplement prior to conception, during pregnancy and during the postnatal period, for both the nursing and non-nursing mother.

DIRECTIONS: For adults, one tablet daily, preferably with food. Ask your health care provider before taking any supplements or medications.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six.

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN

In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature (59° - 86°F).

REV 0615

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