

100 Tablets 400 IU each

DIETARY SUPPLEMENT

VITAMIN D



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%DV
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Vitamin D-3 (Cholecalciferol)	400 I.U. 100%
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Other ingredients: Lactose (milk), Stearic Acid, Starch, Povidone, Croscarmellose Sodium, Sucrose, Magnesium Stearate, Magnesium Silicate, Sodium Ascorbate, Triglycerides, Silica and Tocopherols. May also contain: Dicalcium Phosphate and Cellulose.

DIRECTIONS: Adults - One tablet daily as a dietary supplement, preferably with a meal, or as recommended by your physician.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

TAMPER EVIDENT: Do not use if imprinted seal under cap is missing or broken.

Store at room temperature

KEEP OUT OF REACH OF CHILDREN

Package not child resistant

DIST. BY: **GERI-CARE**
PHARMACEUTICALS CORP.
1650 63rd Street
Brooklyn, New York 11204

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