

Flora Grow® is a blend of friendly bacteria normally found in healthy infants, children and adults and is designed to help maintain a healthy bowel environment.* Along with other program components, Flora Grow helps make up Arise & Shine's renowned **Cleanse 14™** and **Cleanse 28®**.

Suggested Intake: Take 1 or more capsules after a meal or as directed by a health care professional.

Storage: Keep cool and dry with lid tightly sealed. Refrigerate after opening.

Distributed by: Avalon Acres, Inc. PO Box 2845
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.




Arise & Shine™

TRANSFORMATIONAL CLEANSING*™

Flora Grow®

Probiotic Formula
Dietary Supplement

60 Vegetable Capsules
Net Weight 18 grams/ 0.635 ounces

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value
A&S Probiotic Mix:	300mg - 12 Billion CFU	**
Bifidobacterium longum		
Bifidobacterium animalis subsp lactis		
Bifidobacterium bifidum		
DDS-1 Lactobacillus acidophilus		
Bifidobacterium breve		
Bifidobacterium infantis		
Lactobacillus plantarum		
Lactobacillus casei		

** Daily Value not established.

Other Ingredients: All vegetarian: Rice maltodextrin from non GMO source, Vegetarian Capsule (Hypromellose and Water)

GMO free, Gluten free, UM Kosher Pareve