World's Number One Herbal Cleanser Chomper® is precisely formulated with eleven herbs that work synergistically to gently assist the systemic cleansing of the body while supporting bowel regularity.*

Along with other program components, Chomper® helps make up the renowned Arise & Shine cleansing programs, Cleanse 14™ and Cleanse 28®.

Suggested Intake:

3 capsules or more as needed taken between meals, or at least 90 minutes after a Psyllium shake during the cleansing process with an equal amount of **Herbal Nutrition**, or as directed by your health care professional.

For more information read the Arise & Shine Cleanse Guide. Storage Recommendations: Keep cool and dry with lid tightly sealed.

This product contains Cascara Sagrada (bark) and Rhubarb (root). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdomina health. Consult your physician before using if you have frequent diarrhea, or if you are pregnant, nursing, taking



* Those statements have not been evaluated by the Food and Drug

Administration This product is not intended to diagnose, treat, cure, or prevent any disease.





Chomper^e Herbal Dietary Supplement

300 Vegetable Capsules Net weight 141 grams/4.97 ounces

Supplement Facts Serving Size: 3 capsules

Value

Servings Per Container: 100 Amount Per % Daily

Serving Meadow Mix: 780 mg Cascara Sagrada (bark)

Plantain (leaf) Barberry (root bark) Sheen Sorrel (leaf)

Herbal Garden Mix: Fennel (seed) - Organically Grown Ginger (root) - Organically Grown Turkey Rhubarb (root) - Organically Grown

Red Raspberry (leaf) Baikal Skullcap (root) Myrrh Gum (resin)

Lobelia (leaf)

** Percent Daily Value not established

Other Ingredients: Vegetarian Capsule (Hypromellose and Water) Distributed by:

PO Box 2845 Mount Vernon, Washington 98273 USA

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