

Montmorillonite Clay aka Calcium Bentonite has been used by native cultures for centuries as both an internal and external purification aid. When combined with Arise & Shine's Psyllium Husk Powder our pure Bentonite is an important drawing and binding agent which facilitates the cleansing action of Arise & Shine's Transformational Cleansing Programs.*

Suggested Intake: Use a level 1/2 teaspoon of Bentonite with 2 level teaspoons of Psyllium Husk Powder in 10 ounces of juice or water. Shake well. **Always follow with an additional 10 ounces of water.**

As with all bentonite supplements, do not take within 1 to 2 hours of prescription medications. If you are pregnant, nursing, taking medication or are under a doctor's care, consult a health professional before use. In case of intestinal discomfort during use, reduce or discontinue usage. Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Arise & Shine™
TRANSFORMATIONAL CLEANSING®™

Bentonite Clay Powder
Dietary Supplement
Net Wt. 8 oz/ 226.8 grams

Supplement Facts

Serving Size: 1/2 level teaspoon

Servings Per Container: 96

	Amount Per Serving	% Daily Value ‡
Calcium Bentonite Clay	2.36 gm	**
Calcium	164 mg	16%
Iron	44 mg	243%
Magnesium	158 mg	39%
Sodium	28.5mg	<2%

** Percent Daily Value not established

‡ Percent Daily Value based on a 2000-calorie diet

Contains no additives, preservatives, flavorings or colorings.

Distributed By:

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Product of the USA