



RECOMMENDED USE: For Mass Gain: Drink one (1) bottle of **EXTREME XXL**® up to three (3) times daily to support your high protein and calorie needs. For Post-Workout Recovery: Begin drinking one (1) **EXTREME XXL**® immediately upon completing your workout. As a general rule, consume approximately one (1) gram of protein per pound of body weight, per day, split evenly over five (5) to seven (7) meals and supplements.*

Supplement Facts

Serving Size 1 Bottle (22 fl oz)

Amount Per Serving	% Daily Value
Calories	980
Calories from Fat	10
Total Fat	1 g 2%*
Saturated Fat	0.5 g 3%*
Cholesterol	20 mg 7%
Total Carbohydrate	197 g 66%*
Sugars	48 g **
Protein	46 g
Calcium	60 mg 6%
Iron	1 mg 6%
Phosphorus	2.5 g 250%
Iodine	50 mcg 33%
Chromium (as chromium GTF polynicotinate)	18 mcg 15%
Sodium	460 mg 19%
Potassium	290 mg 8%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Triple Filtered Water, Maltodextrin, Whey Protein Isolate, High Fructose Corn Syrup, Phosphoric Acid, Natural and Artificial Flavor, Potassium Sorbate, Potassium Benzoate, Acesulfame Potassium, Sucralose, Red # 40.

ALLERGEN INFORMATION: CONTAINS MILK.

KEEP OUT OF REACH OF CHILDREN.

SHAKE WELL BEFORE USE.

STORE IN A COOL, DRY PLACE.

REFRIGERATE AFTER OPENING.

TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT.



Manufactured and Distributed by:

AMERICAN BODY BUILDING PRODUCTS®, LLC
Walterboro, SC 29488

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WWW.AMERICANBODYBUILDING.COM

07 - 058 - 784

ME 5¢ DEPOSIT
CA CRV



**STRAWBERRY
BANANA**

Natural & Artificial Flavors

EXTREME

XXL

★ **MASS GAINER SUPPLEMENT** ★



WHAT YOU NEED

- **EXTREME CALORIES**
- **EXTREME PROTEIN & CARBS**
- **EXTREME MASS**
- **MINIMAL FAT**

WHAT IT'S GOT

- **980 CALORIES**
- **46 GM OF WHEY PROTEIN ISOLATE**
- **> 195 GM OF STACKED CARBS***
- **1 GM OF FAT**

THE FORCE IN THE GYM®
SINCE 1985

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



POWER & RECOVERY
POST-WORKOUT & LEAN MASS GAIN

650 ML (22 FL OZ) 1 PT 6 FL OZ

CAUTION: CHECK WITH A QUALIFIED HEALTHCARE PROFESSIONAL BEFORE TAKING THIS PRODUCT IF YOU HAVE ANY SERIOUS MEDICAL CONDITION(S) INCLUDING DIABETES OR HYPOLYCEMIA.