

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin A & D₃ Softgels contain natural vitamin A and vitamin D₃ (cholecalciferol) from deep sea, cold water, fish liver oil and are molecularly distilled. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com

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Bluebonnet



Vitamin A & D₃

A 10,000 IU/D₃ 400 IU
Dietary Supplement
100 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin A	10,000 IU	200
(from fish liver oil)		
Vitamin D ₃	400 IU	100
(as cholecalciferol from fish liver oil)		

Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

Contains: Fish (cod), soybeans

Free of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.