



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®] Bitter Melon

Herbal Supplement



60 capsules • 500 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule two times per day with water.

WARNING: Consult with your healthcare provider before use if you are pregnant or nursing, taking prescription medication or if you have a medical condition.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Bitter Melon (Momordica charantia) (fruit) 500 mg*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), magnesium stearate, silica, gelatin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

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