

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: This product contains Buckthorn (*Rhamnus frangula*). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain. Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product.

KEEP OUT OF REACH OF CHILDREN

Do not use if inner or outer seal is broken, torn, or missing. To ensure freshness and potency, keep bottle tightly closed and store in a cool, dry place.



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Ultra BDG™

A Dietary Supplement

180 capsules

Directions for Use: Take 2 capsules, 3 times daily after meals or as directed.

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 90

Amount Per Serving	% Daily Value
Marshmallow (<i>Althaea officinalis</i>)(root) 158 mg	*
Citrus bioflavonoid complex 100 mg	*
Turmeric (<i>Curcuma longa</i>)(root) 100 mg	*
Cumin (<i>Cuminum cyminum</i>)(seed) 60 mg	*
Buckthorn (<i>Rhamnus frangula</i>)(bark) 40 mg	*
Coriander (<i>Coriandrum sativum</i>)(seed) 20 mg	*
Cayenne pepper (<i>Capsicum annum</i>)(fruit) 10 mg	*
Valerian (<i>Valeriana officinalis</i>)(root) 8 mg	*
Fenugreek (<i>Trigonella foenum-graecum</i>)(seed) 4 mg	*
Proprietary Plant Enzyme Blend 350 mg	*
Amylase, beta-Galactosidase, Protease, Cellulase, Diastase, alpha-Galactosidase, Lipase, and Glucoamylase	

* Daily Value not established.

Other Ingredients: Vegetable capsule (cellulose and water) and Beet Fiber