

DHA CAPSULES

Manufactured by:
MISSION PHARMACAL COMPANY
San Antonio, TX 78230 1355

DHA CAPSULE

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

DAILY DOSE: NM081630R0717

CITRANATAL BLOOM™ DHA
MISSION PHARMACAL COMPANY
San Antonio, TX 78230 1355

NDC 0178-0816-30
LOT: 0X000X EXP: 00/0000

CITRANATAL BLOOM™ TABLET

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.



citr natal.com

NDC 00178-0816-30
Rx Only

CitraNatal BLOOM™ DHA

Rx Prenatal Tablet and 300 mg DHA Soft Gel

DESCRIPTION: Citranatal Bloom™ DHA is a prescription prenatal/postnatal multi-vitamin/mineral tablet with Fer-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron, and a soft gel of DHA, an essential fatty acid. The prenatal vitamin is a green, modified rectangle shaped, film-coated tablet, debossed with "CB" on one side and blank on the other. The essential fatty acid DHA soft gel is oblong, light brown and contains a yellow to orange fill.

Each prenatal tablet contains:

Iron (carbonyl iron, ferrous gluconate)	90 mg
Folic Acid	1 mg
Vitamin B ₁₂ (cyanocobalamin)	12 mcg
Vitamin C (ascorbic acid)	120 mg
Docusate Sodium	50 mg
Inert Ingredients: Povidone, croscarmellose sodium, acrylic resin, color added, FD&C Yellow No. 5, magnesium stearate, magnesium silicate, FD&C Blue No. 1, polyethylene glycol, vitamin A palmitate, ethyl vanillin.	

Each DHA soft gel contains:

Docosahexaenoic Acid (DHA, 40% from 750 mg algal oil)	300 mg
Eicosapentaenoic Acid (EPA)	Not more than 0.75 mg
Other Ingredients in DHA soft gel: Gelatin, glycerin, high oleic sunflower oil, contains 2% or less: water, caramel color, tocopherols, rosemary extract, sunflower lecithin, and acetyl palmitate.	

INDICATIONS: Citranatal Bloom™ DHA is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

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WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

CitraNatal BLOOM™ DHA

Rx Prenatal Tablet and 300 mg DHA Soft Gel

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSEAGE AND ADMINISTRATION: One tablet and one soft gel daily or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C between 59°F and 86°F. Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 soft gels each – NDC 0178-0816-30.

To report a serious adverse event or obtain product information, call 800 298-1087.

Please consult your health care provider with any dietary concerns.

CitraNatal BLOOM™ DHA

Rx Prenatal Tablet and 300 mg DHA Soft Gel

WHEN YOU WANT A SMALL PILL
AND DHA

Quality ingredients, true comfort:

90 mg Fer-Ease® dual-iron
300 mg life'sDHA®
1 mg Folic Acid
Stool softener

Please see side of carton for other important ingredients.

SIX 5-DAY BLISTER PACKS
In Child-Resistant Packaging

*Mission Pharmacal is a proud supporter of the March of Dimes.



Fer-Ease®
Dual-Iron delivery

Trademark of Abbott Pharmaceutical Company
U.S. Patent Nos. 5,527,242

life'sDHA®

Trademark of DHA Soft Gel
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*March of Dimes does not endorse specific products or brands.
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