

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's L-Tryptophan 500 mg Capsules contain a vegetarian source of the free-form amino acid L-tryptophan called TryptoPure® from Ajinomoto, the world-class, quality leader in the production and purity of pharmaceutical-grade amino acids since the 1950's. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

TryptoPure™ is a registered trademark of Ajinomoto Co., Inc.

Bluebonnet's KOF-K Certification #K-0000700

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Bluebonnet®



Pharmaceutical Grade **L-Tryptophan 500 mg**

Free-Form Amino Acid Dietary Supplement **60 Vegetable Capsules**



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
L-Tryptophan (free-form)	500 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

CAUTION: Do not use this product, if you are pregnant, trying to conceive, breastfeeding or taking a prescription antidepressant. Consult your healthcare practitioner before use if you have a medical condition or if you are taking any prescription medications.