

GERI CARE

SENIOR TABS

MULTIVITAMIN / MULTIMINERAL
SUPPLEMENT FOR ADULTS 50+

Compare to active ingredients in
CENTRUM® SILVER*

100 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount % Daily		Amount % Daily	
Per Tablet	Value	Per Tablet	Value
Vitamin A (29% as Beta Carotene)	3500 IU 70%	Magnesium	100 mg 25%
Vitamin C	60 mg 100%	Zinc	15 mg 100%
Vitamin D	400 IU 100%	Selenium	20 mcg 29%
Vitamin E	45 IU 150%	Copper	2 mg 100%
Vitamin K	10 mcg 12%	Manganese	2 mg 100%
Thiamine	1.5 mg 100%	Chromium	150 mcg 125%
Riboflavin	1.7 mg 100%	Molybdenum	75 mcg 100%
Niacin	20 mg 100%	Chloride	72 mg 2%
Vitamin B-6	3 mg 150%	Potassium	80 mg 2%
Folic Acid	400 mcg 100%	Boron	150 mcg *
Vitamin B-12	25 mcg 417%	Nickel	5 mcg *
Biotin	30 mcg 10%	Silicon	2 mg *
Pantothenic Acid	10 mg 100%	Vanadium	10 mcg *
Calcium	200 mg 20%	Lutein	250 mcg *
Phosphorus	48 mg 5%	Lycopene	300 mcg *
Iodine	150 mcg 100%	* Daily Value not established	

Other ingredients: Gelatin, Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Hypromellose, Acacia, Maltodextrin, Crospovidone, Starch, Titanium Dioxide, Calcium Phosphate, Magnesium Silicate, Triacetin, Silica, Sucrose, Mineral Oil, Glucose, Mannitol, Glycine, Aspartic Acid, Citric Acid, Sodium Ascorbate, Ascorbyl Palmitate, FD&C Blue #2 Lake, FD&C Yellow #6 Lake, FD&C Red #40 Lake and BHT.

DIRECTIONS: Adults: One tablet daily as a nutritional supplement, preferably with food; or as recommended by your physician.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Tamper Evident: Do not use if imprinted seal under cap is missing or broken.

Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

Store at room temperature

Package not child resistant. For institutional use only.

*This product is not manufactured or distributed by the owner of the registered trademark Centrum®

DIST. BY: GERI-CARE PHARMACEUTICALS CORP.

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