

## Supplement Facts

Serving Size 1 Tablet

|                  | Amount<br>Per Tablet | % Daily<br>Value |
|------------------|----------------------|------------------|
| Vitamin A        | 5,000 IU             | 100%             |
| Vitamin C        | 50 mg                | 83%              |
| Vitamin D-3      | 400 IU               | 100%             |
| Thiamin          | 2 mg                 | 133%             |
| Riboflavin       | 2.5 mg               | 147%             |
| Niacin           | 20 mg                | 100%             |
| Vitamin B-6      | 1 mg                 | 50%              |
| Vitamin B-12     | 1 mcg                | 17%              |
| Pantothenic Acid | 1 mg                 | 10%              |
| Calcium          | 19 mg                | 2%               |
| Iron             | 4.5 mg               | 25%              |
| Phosphorus       | 10 mg                | 1%               |
| Iodine           | 150 mcg              | 100%             |
| Magnesium        | 10 mg                | 2%               |
| Zinc             | 4 mg                 | 25%              |
| Selenium         | 5 mcg                | 7%               |
| Manganese        | 1 mg                 | 50%              |
| Chromium         | 5 mcg                | 4%               |

**Other Ingredients:** Stearic Acid, Croscarmellose Sodium, Gelatin, Magnesium Silicate, Hypromellose, Starch, Magnesium Stearate, Povidone, Titanium Dioxide, Sucrose, Dicalcium Phosphate, Triacetin, Cellulose, Mineral Oil, FD&C Yellow #6 Lake and BHT.



# One-Daily

## Multi-Vitamin with Minerals

### NUTRITIONAL SUPPLEMENT

PACKAGE NOT CHILD RESISTANT

1000 Tablets

**TAMPER EVIDENT:** Do not use if imprinted seal under cap is missing or broken.

**DIRECTIONS:** Adults - One tablet daily as a nutritional supplement, or as directed by your physician.

**As with any supplement,** if you are pregnant, nursing, or taking medication, ask a health professional before use.

**WARNING:** Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6.

**Keep this product out of reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature.

For Institutional use only.

REV 0413

DIST. BY: **GERI-CARE PHARMACEUTICALS CORP.**  
1650 63<sup>rd</sup> Street, Brooklyn, New York 11204

