

Swanson U L T R A[®]

The Most Advanced Nutrition Technology

CAPSULES

Indole-3-Carbinol with Resveratrol

Dietary Supplement
Cell Protection*

60 CAPSULES



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule per day with water.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications or if you have a medical condition.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Indole-3-Carbinol	200 mg**
Resveratrol (from 200:1 standardized Polygonum cuspidatum root extract)	5 mg**

**Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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