

# Swanson® Best Garlic

S U P P L E M E N T S

Odor-Controlled  
**Garlic** with  
**Vitamin E**  
Hawthorn Berry  
& Cayenne  
Dietary Supplement



120 capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

**SUGGESTED USE:** As a dietary supplement, take two capsules two times per day with food and water.

**WARNING:** Consult your healthcare provider before use if you are pregnant, nursing or taking prescription medication, especially medication prescribed for heart/cardiovascular conditions.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

| Amount Per Serving                                                       | % Daily Value |
|--------------------------------------------------------------------------|---------------|
| Vitamin E<br>(as d-alpha tocopheryl succinate)                           | 134.2 mg 895% |
| Odor-Controlled Garlic ( <i>Allium sativum</i> ) (bulb)                  | 600 mg *      |
| Hawthorn Berry<br>( <i>Crataegus oxyacantha</i> ) (fruit)                | 100 mg *      |
| Cayenne Pepper<br>( <i>Capsicum annuum</i> ) (fruit) (40,000 heat units) | 20 mg *       |
| Coenzyme Q10 (as ubiquinone)                                             | 8 mg *        |
| *Daily Value not established.                                            |               |

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA  
TO REORDER, CALL TOLL FREE 1-800-437-4148  
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