

Recommended Adult Dose: Take one teaspoon two times daily with meals or as recommended by your healthcare practitioner.

Risk Information: Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication, or have any health condition. **Guaranteed** to contain no added wheat, starch, yeast, gluten, soy, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Shake well before each use. Do not drink directly from the bottle. Refrigerate after opening. Keep out of reach of children.



GENESTRA BRANDS

Liquid B Complex

VITAMIN SUPPLEMENT
Natural Cherry Flavor

Spot UV Location

V2 131



12.2 fl oz (360 ml)

Supplement Facts

Serving Size 1 Teaspoon (5 ml)
Servings per Container 72

Each Teaspoon Contains		% DV
Calories	10	
Total Carbohydrate	3 g	1% ♦
Sugars	1 g	*
Thiamin (as thiamin hydrochloride)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as niacinamide)	75 mg	375%
Vitamin B ₆ (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	200 mcg	50%
Vitamin B ₁₂ (as cyanocobalamin)	75 mcg	1250%
Biotin	200 mcg	67%
Pantothenic Acid (as calcium d-pantothenate)	75 mg	750%
Choline (as choline bitartrate)	50 mg	*
Inositol	50 mg	*

♦ Percent Daily Values (DV) are based on a 2,000 calorie diet
* Daily Value not established

Other ingredients: Purified water, concentrated apple juice, glycerin, natural cherry flavor, potassium sorbate, xanthan gum, rebaudioside A (stevia leaf extract)

Made in Canada for
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Seroyal