

Magnesium is an essential mineral and electrolyte that is commonly deficient in our diets.* It supports ATP production in cells, healthy blood pressure, blood sugar, strong bones and muscles.* Taking magnesium at night may also promote restful sleep.*

MADE IN THE USA

- ✓ Sugar free
- ✓ Gluten free
- ✓ Soy free
- ✓ No artificial additives
- ✓ Non-GMO
- ✓ Third-party quality tested
- ✓ NSF GMP certified facility

made with care for
Nutri-Rich
Fullerton, CA 92833
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www.nutri-rich.com



NUTRI-RICH



SOFT MAGNESIUM 400mg magnesium

Promotes healthy blood pressure, strong bones and relaxation.*

Superior glycinate form is gentle and easily absorbed.*

DIETARY SUPPLEMENT
120 SOFTGELS

Supplement Facts

Serving Size: 2 softgels

Servings Per Container: 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Protein	Less than 1g 2%
Calories from Fat	10	Magnesium (as chelated magnesium bisglycinate TRAACS® buffered with magnesium oxide)	400mg 100%
Total Fat	2.0g 3%		
Saturated Fat	2.0g 10%		

Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Medium chain triglycerides, gelatin, glycerin, yellow beeswax, water, lecithin (sunflower), titanium dioxide

Contains tree nuts (coconut)

Directions: Take 2 softgels daily, preferably with a meal.

Note: If you are pregnant, nursing, taking any medications or have any medical conditions, consult your physician before use. Store in a cool, dry place, away from the reach of children.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseases.

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