

Patent Pending

Directions: Take 4 Post-Op Tablets twice a day. For superior results, we recommend consumption in sequence with the HealFast Pre-Op formula as instructed below.

INSTRUCTIONS

Formula	Uses	Dosage	For Surgery	For Injuries (non-surgical)
Pre-Op	Optimizes nutritional status prior to surgery*	3 Tablets taken twice daily	Commence 5-day regimen starting 5-days before surgery	Commence 5-day regimen after the Post-Op regimen is completed
Post-Op	Replenishes key healing nutrients plus additional ingredients to control pain, inflammation and swelling*	4 Tablets taken twice daily	Commence 10-day regimen immediately after surgery as possible	Commence 10-day regimen immediately after injury occurrence as possible

Note: If the HealFast Program is commenced after surgery, please use the Post-Op Formula first, and then use the Pre-Op Formula. Please use only one formula at a time.

WARNING: HealFast was designed to include everything needed in a correct and safe dosage. Do not exceed the recommended dose or combine with other supplement programs. If you are pregnant or nursing, under the age of 18 or have a known medical condition, you should consult a physician before using this or any dietary supplement. Keep out of reach of children. Do not use if safety seal is broken or missing. Store bottle in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Distributed by: HealFast, Inc.
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Physician Recommended

♥HealFast®

Surgical and Injury Recovery*

Post-Op & Injury Recovery Support Formula*



DIETARY SUPPLEMENT | 80 TABLETS

Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 20

Amount Per Serving	% Daily Value	
Vitamin A (100% as Retinyl Palmitate)	1100 mcg	122%
Vitamin C (as Ascorbic Acid)	750 mg	833%
Thiamine (as Thiamine HCl)	7.5 mg	625%
Riboflavin (Vitamin B2)	4 mg	308%
Niacin	10 mg	63%
Vitamin B6 (as Pyridoxine HCl)	3 mg	176%
Folate (500 mcg DFE (300 mcg Folic Acid))		125%
Vitamin B12 (as Methylcobalamin)	2 mg	83%
Biotin	25 mcg	83%
Pantothenic Acid (as Calcium - D-Pantothenate)	30 mg	600%
Magnesium (as Magnesium Oxide)	200 mg	48%
Zinc (as Zinc Picolinate)	15 mg	136%
Selenium (as L-Selenomethionine)	100 mcg	182%
Copper (as Copper Bisglycinate Chelate) (TRAACS®)	1 mg	111%
L-Glutamine	600 mg	†
L-Arginine HCl	600 mg	†
Citrus Bioflavonoid Peel Powder Complex	500 mg	†
Bromelain Complex	500 mg	†
Quercetin (as Quercetin Dihydrate)	300 mg	†
Probiotic Blend **	256.68 mg	†
Maltodextrin, Lactobacillus Rhamnosus, Lactobacillus Fermentum, Saccharomyces Boulardii, Bifidobacterium Bifidum, Lactobacillus Acidophilus, Bifidobacterium Longum.		

†Daily Value not established.

Other Ingredients: Maltodextrin, Microcrystalline Cellulose, Stearic Acid, Dicalcium Phosphate, Croscarmellose Sodium, Rice Flour, Silicon Dioxide, Pharmaceutical Glaze (Shellac Povidone).

TRAACS® is a registered trademark of Albion Laboratories, Inc.

** 11 Billion active and alive CFUs at time of manufacturing.