

Patent Pending

Directions: Take 3 Pre-Op Tablets twice a day. For superior results, we recommend consumption in sequence with the HealFast Post-Op formula as instructed below.

INSTRUCTIONS

Formula	Uses	Dosage	For Surgery	For Injuries (non-surgical)
Pre-Op	Optimizes nutritional status prior to surgery	3 Tablets taken twice daily	Commence 5-day regimen starting 5-days before surgery	Commence 5-day regimen after the Post-Op regimen is completed
Post-Op	Replenishes key healing nutrients plus additional ingredients to control pain, inflammation and swelling	4 Tablets taken twice daily	Commence 10-day regimen immediately after surgery as possible	Commence 10-day regimen immediately after injury occurrence as possible

Note: If the HealFast Program is commenced after surgery, please use the Post-Op Formula first, and then use the Pre-Op Formula. Please use only one formula at a time.

WARNING: HealFast was designed to include everything needed in a correct and safe dosage. Do not exceed the recommended dose or combine with other supplement programs. If you are pregnant or nursing, under the age of 18 or have a known medical condition, you should consult a physician before using this or any dietary supplement. Keep out of reach of children. Do not use if safety seal is broken or missing. Store bottle in a cool, dry place.



Physician Recommended

HealFast®

Surgical and Injury Recovery*

Pre-Op Healing Optimization Formula*

MADE IN AN
FDA
REGISTERED FACILITY



DIETARY SUPPLEMENT | 30 TABLETS

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 10

Amount Per Serving	% Daily Value	
Vitamin A (100% as Retinyl Palmitate)	1100 mcg	122%
Vitamin C (as Ascorbic Acid)	750 mg	833%
Thiamine (as Thiamine HCl)	7.5 mg	625%
Riboflavin (Vitamin B2)	4 mg	308%
Niacin	10 mg	63%
Vitamin B6 (as Pyridoxine HCl)	3 mg	176%
Folate	500 mcg DFE (300 mcg Folic Acid)	125%
Vitamin B12 (as Methylcobalamin)	2 mg	83%
Pantothenic Acid (as Calcium-D-Pantothenate)	30 mg	600%
Magnesium (as Magnesium Oxide)	200 mg	48%
Zinc (as Zinc Picolinate)	15 mg	136%
Selenium (as L-Selenomethionine)	100 mcg	182%
Copper (as TRAACS® Copper Bisglycinate Chelate)	1 mg	111%
L-Glutamine	600 mg	†
L-Arginine HCl	600 mg	†
Citrus Bioflavonoid Peel Powder Complex	500 mg	†
Probiotic Blend **	256.68 mg	†
Maltodextrin, Lactobacillus Rhamnosus, Lactobacillus Fermentum, Saccharomyces Boulardii, Bifidobacterium Bifidum, Lactobacillus Acidophilus, Bifidobacterium Longum.		
†Daily Value not established.		

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Dicalcium Phosphate, Croscarmellose Sodium, Rice Flour, Silicon Dioxide, Pharmaceutical Glaze (Shellac Povidone).

TRAACS® is a registered trademark of Albion Laboratories, Inc. ** 11 Billion active and alive CFUs at time of manufacturing.

Distributed by: HealFast, Inc.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.