

Drink up. Hydration is critical before, during and after a workout for performance and recovery. Complete Hydration delivers electrolytes to support optimal hydration.

- Rehydrates cells to promote proper function¹
- Formulated to hydrate before and after workout²
- Formulated to help replace fluids and electrolytes lost during activity³
- Supports isotonic balance⁴
- Contains PhytoSport Blend to support joints, circulation and physical performance⁵
- Gluten-free

NOTE: People with known medical conditions and pregnant or lactating women should consult with a physician prior to taking supplements. Do not use if wrapper of packet is broken or missing. **Keep in a cool, dry place and out of reach of children.**

FOR REORDERS, contact your Arbonne Independent Consultant or visit us online @ arbonne.com.

Questions or comments?
1.800.272.6663
Monday-Friday 6 a.m.-6 p.m. Pacific time



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ARBONNE. phytosport™

Complete Hydration

Tropical
Berry Flavor



DIETARY SUPPLEMENT

20 stick packs (0.28 oz./7.9 g each)
Net wt. 5.6 oz./158 g

DIRECTIONS: Mix with 16 fl. oz. of water. Hydrate before, during and after intense exercise.

Supplement Facts

Serving Size 1 stick pack (7.9 g)
Servings Per Container 20

	Amount Per Serving	% Daily Value ¹
Calories	25	
Total Carbohydrate	6 g	2%
Sugars	3 g	
Vitamin A (as beta-carotene)	1000 IU	20%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin E (as d-alpha tocopherol)	15 IU	50%
Calcium (as calcium lactate)	90 mg	9%
Phosphorus (as dipotassium phosphate)	15 mg	2%
Magnesium (as magnesium citrate)	40 mg	10%
Chloride (as sodium chloride, potassium chloride)	310 mg	9%
Sodium (as sodium chloride, trisodium citrate)	210 mg	9%
Potassium (as potassium chloride, potassium phosphate, potassium citrate)	100 mg	3%
Arbonne PhytoSport Blend:	189 mg	*
Ginseng (Panax ginseng) root extract, Turmeric (Curcuma longa) root extract, Cayenne (Capsicum annuum L.) fruit extract		
D-Ribose	250 mg	*

¹Percent Daily Values are based on a 2,000 calorie diet.
²Daily Value not established.

OTHER INGREDIENTS: organic cane sugar, rice syrup solids, citric acid, gum arabic, maltodextrin, silicon dioxide, stevia leaf extract, natural flavor.

ARBONNE.

Distributed by Arbonne International, LLC
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