

ySTRESS™

Anxiety and Stress Relief™



100%
GLUTEN FREE

100%
NON-GMO

Directions: Empty entire contents of one packet into water or juice, mix or shake well. Drink in the first half of the day, for reducing daily stress. Use 1 to 2 times daily. *Helpful tip: Use 2 packets at once on high stress days, for a calm mind and body.

Supplement Facts

Serving Size: 1 stick packet
Servings Per Container: 12

Amount per serving	% RDA
B-6 (P5P).....	18mg.....1385
Folate (5-MTHF).....	100mcg.....25
Vitamin B-12 (as Methyl Cobalamin).....	2500mcg.....41,665
Biotin.....	25mcg.....8
Inositol.....	15mg.....15
Choline L-Bitartrate.....	15mg.....1
Magnesium.....	100mg.....29

Proprietary Blend.....475 mg.....†
Sensoril® Ashwagandha (Withania somnifera) Root
and Leaf Extract (10% Withanolides), Schizandra Berry,
L-Theanine, Gaba, Rhodiola Extract

Other Ingredients: Organic Rice Flour Fiber, Stevia,
Natural Flavor

† Daily Value not established.

Warning: Do not use 2 packets in one day until you know how your body responds to the product, as many will not need that high of a dose. Although these ingredients may improve cognitive function, do not operate heavy machinery until you know how you respond to the formula. May promote feelings of euphoria. Do not use this product if you are pregnant or nursing, unless advised by your healthcare professional. Do not take this product with any prescription medication, or if you have a medical condition, unless advised by your healthcare professional.



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ySTRESS Note:
A high percentage of the ingredients listed are water soluble and will dissolve well. However, some visible sediment may appear. This is 100% natural and completely normal for this product.

Helpful Tip: Empty packet contents into a water bottle and shake well for optimal mixing.



Advanced Natural Blend

yStress™ is a convenient, easy to use formula designed to help you relax and release day-to-day stress so your body can begin to naturally recover and regenerate. Our proprietary blend is specifically designed to release stress, reduce anxiety, and remove tension. yStress also includes additional nutritional support that helps rebalance systems in your body that are commonly affected by mental, physical, and emotional stress. Take it as needed or as part of your daily routine to achieve complete well being.*

* This product was manufactured in a GMP approved facility.

† These statements have not been evaluated by the FDA. This product is not intended to prevent, treat or cure any disease. The efficacy of this product has not been confirmed by clinical research, and traditional uses do not establish that this product will achieve any claimed result.

Natural Alternative

ySTRESS™
Anxiety and Stress Relief™



- Relieves Stress*
- Reduce Anxiety*
- Remove Tension*

Great Tasting
Orange Flavor!

100%
GLUTEN FREE
100%
NON-GMO

Dietary Supplement

12 Stick Packets (4.5g per packet)

ySTRESS Benefits:

- Stress Relief*
- Rapid Absorption*
- Reduce Anxiety*
- Convenient Dosage and Packaging*
- Great Tasting Orange Flavor*
- Improves Clarity and Focus*
- Remove Tension*
- No Side Effects*
- Re-Nourish & Re-Balance the System*
- Non Habit Forming*
- Allows you to Remain Alert & In Control*



Featuring Sensoril®

The scientific credentials of Sensoril® are second to none. In fact, the body of scientific research on Sensoril® is so extensive and so compelling that Sensoril® has been substantiated for numerous structure/function claims in accordance with the requirements of the Dietary Supplement Health and Education Act of 1994.

** Sensoril® is protected under US Patents 6,154,198 & 7,318,938 and is a trademark of Natreon, Inc.

Keep out of reach of children

