

Natrol® Melatonin Calm Sleep:

- Melatonin helps establish normal sleep patterns†
- L-Theanine is an amino acid that helps reduce stress, helping you relax before bed†
- Fast Dissolve form—take anytime, anywhere; no water needed
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL® Melatonin Calm Sleep

SLEEP

Fall Asleep Faster,
Stay Asleep Longer†

Helps Reduce Stress†

100% Drug-Free



STRAWBERRY
NATURAL FLAVOR



VEGETARIAN

60 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet 20 minutes before bedtime. No water necessary.

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 60

Amount Per Serving	%DV
L-Theanine	25 mg *
Melatonin	6 mg *

*Daily Value (DV) not established.

Other Ingredients: Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Crospovidone, Modified Food Starch, Malic Acid, Silicon Dioxide, Natural Flavor System, Stearic Acid, Beet Root Extract, Hydroxypropyl Cellulose, Magnesium Stearate, Citric Acid.

Contains: Wheat and Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC
Chatsworth, CA 91311, USA
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www.natrol.com

LOT/EXP: