CODE 210611

BRG

Directions: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Ultra Mega® Green Women's Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving		% Daily Value
Vitamin A	5000 IU	100%
Vitamin C	100 mg	167%
Vitamin D	1000 IU	250%
Vitamin E	30 IU	100%
Vitamin K	80 mcg	100%
Thiamin (Vitamin B-1)	5 mg	333%
Riboflavin (Vitamin B-2)	5 mg	294%
Niacin	25 mg	125%
Vitamin B-6	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12	150 mcg	2500%
Biotin	300 mcg	100%
Pantothenic Acid	25 mg	250%
Calcium	50 mg	5%
Iodine	150 mcg	100%
Magnesium	25 mg	6%
Zinc	20 mg	133%
Selenium	200 mcg	286%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%
Fruit & Vegetable Antioxidant Blend	**100 mg**	
Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder		
Lycopene (from Tomato)	1 mg	*
Zeaxanthin (as Zeaxanthin isomers)	400 mcg	*
Women's Health & Beauty Blend	**17 mg**	*
Cranberry Fruit Powder, Horse Chestnut Seed Extract, Lutemax® 2020 Lutein		

Amount Per Serving		% Daily Value
Digestive Health & Comfort Blend	**20 mg**	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 0.50 mg), Cellulase, Bromelain, Papain		

* Daily Value not established.

Other Ingredients: Cellulose, Niacinamide[1], Ascorbic Acid[2], Calcium Ascorbate, Zinc Oxide[3], Calcium Carbonate, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate[4], Magnesium Oxide, Stearic Acid Vegetable Source, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate[5], Manganese Sulfate[5], Magnesium Stearate Vegetable Source, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Titanium Dioxide (Natural Mineral Whitener), Zinc Oxide, Riboflavin[6], Ergocalciferol, Pyridoxine Hydrochloride[6], Vitamin A Palmitate[7], Vegetable Acetogluconates, Thiamin Hydrochloride[6], Niacinamide, Phytonadione, Phytonadione[8], Magnesium HPC[9], Folic Acid[6], Potassium Iodide, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin[6], Sodium Selenate[5], Copper Sulfate, Chromium Chloride[5], Folic Acid, Sodium Molybdate[5], Molybdenum HPC[5], Chlorophyll, Cyanocobalamin[8]

[1]Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)

[2]HPC (Hydrolyzed Protein Chelate)

Conforms to USP <2091> for weight.

ACTUAL SIZE

Bone Health

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving		% Daily Value
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (from Aquamin™ Sea Algae[1] [*Lithothamnium corallioides/Lithothamnium calcareum*])	500 mg	50%
Magnesium (from Aquamin™ Sea Algae[1] [*Lithothamnium corallioides/Lithothamnium calcareum*] and as Magnesium HPC[2])	50 mg	13%

* Daily Value not established.

Other Ingredients: Cellulose, Magnesium Stearate Vegetable Source, Silicon Dioxide, Titanium Dioxide (Natural Mineral Whitener), Caramel (Color).

[2]HPC (Hydrolyzed Protein Chelate)

Including: (at amounts less than 673 mg): Carbon and Sulfur; (at amounts less than 15 mg): Sodium, Strontium, Chloride, Iron, Potassium, Phosphorous, Silicon and Manganese; (at amounts less than 66 mcg): Iodine, Boron, Titanium, Cerium, Neodymium, Bromine, Fluoride, Lithium, Barium, Vanadium, Gadolinium, Selenium, Dysprosium, Praseodymium, Samarium, Copper, Erbium, Chromium, Nickel, Rubidium, Thorium, Ytterbium, Zirconium, Palladium, Yttrium, Lanthanum, Germanium, Niobium, Cobalt, Molybdenum, Scandium, Europium, Holmium, Tellurium, Tungsten, Terbium, Antimony, Zinc, Beryllium, Thulium, Gallium, Bismuth, Thallium, Rhodium, Lutetium, Tin, Cesium, Iridium, Osmium, Rhenium, Silver, Tantalum, Ruthenium, Platinum, Hafnium, Indium, Gold. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

FPO

0 48107 16647 2

Vegetable Omega Complex

Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving		% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%†
Total Omega-3	400 mg	*
EPA (Eicosapentaenoic Acid)(Omega-3) and DHA (Docosahexaenoic Acid)(Omega-3)	100 mg	*
ALA (alpha-Linolenic Acid)(Omega-3)	290 mg	*
Other Omega-3s	10 mg	*
GLA gamma-Linolenic Acid)(Omega-6)	11 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Flax Seed Oil, Algal Oil, Evening Primrose Oil, Modified Food Starch, Carrageenan, Glycerin, Sorbitol.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Soy, No Dairy.

Aquamin™ SEA MINERAL BLEND

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OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

Beauty, Antioxidant, Stress & Immune

Supplement Facts

Serving Size One Capsule

Amount Per Serving		% Daily Value
Biotin (as Cultured Biotin[1])	1000 mcg	333%
Quercetin (as Quercetin Dihydrate)	50 mg	*
Epigallocatechin (EGCG) (from Green Tea Extract [*Camellia sinensis*])	25 mg	*
Melon Juice Concentrate (*Cucumis melo*)	10 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide.

[1]Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

GNC

SUPERFOODS

ULTRA MEGA® GREEN *Women's*

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED VITAPAK® PROGRAM

*Provides heart, bone, antioxidant and beauty support**

GLUTEN FREE

VEGETARIAN FORMULA

NON GMO

CLINICALLY RESEARCHED

30 PACKS

LM210611

ULTRA MEGA® GREEN

Whole Food Enhanced Vitapak® Program

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.

WOMEN'S HEALTH
Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health.*

HEART HEALTH
Supports heart health and cardiovascular function and includes vegetarian EPA and DHA omega-3 fatty acids.*

BONE HEALTH
Features calcium from a multi mineral complex derived from seaweed plus Vitamin D and magnesium, which are essential for building and maintaining healthy bones.*

ANTIOXIDANTS
Includes antioxidants from a clinically researched fruit and vegetable blend and clinically researched Lutemax® lutein to defend against cell aging.*

BEAUTY
Has biotin and lutein to support healthy hair, skin and nails.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.