

ARBONNE
essentials®

SLEEP WELL SPRAY
LEMON FLAVOR

Peel Here for
Supplement Facts
Information



DIETARY SUPPLEMENT
1 fl. oz./30 mL

- Non-addictive formula helps you rest easy⁰
- Helps support a restful, good night's sleep⁰
- Promotes restorative sleep and healthy sleep patterns⁰
- Supports the body's natural sleep mechanism⁰

NOTE: If you are pregnant or nursing or taking medications, consult with a doctor prior to taking supplements. Do not spray into eyes. Do not use if outer seal of cap is broken or missing. Store in a cool, dry place. **Keep out of reach of children.**

Questions or comments?

1.800.272.6663 Monday–Friday
6 a.m.–6 p.m. Pacific time

⁰These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Adults: Shake well, then press actuator down 3 or more times to prime pump. Spray into your mouth, hold for 20 seconds and then swallow. Use 7 sprays once nightly (at bedtime or 30 minutes before). Do not drive or use machinery for 5 hours after taking melatonin.

Supplement Facts

Serving Size 7 sprays (0.034 fl. oz./0.98 mL)
Servings Per Container 30

	Amount Per Serving	%DV
Melatonin	2 mg	*
Proprietary Botanical Blend	10 mg	*
Chamomile (<i>Matricaria recutita</i>) (flower) powder, hops (<i>Humulus lupulus</i>) (flower) powder, valerian (<i>Valeriana officinalis</i>) (root) powder, passion flower (<i>Passiflora incarnata</i>) (flower) powder		

*Daily Value (DV) not established.

OTHER INGREDIENTS: water, glycerin, organic agave nectar, sugar, natural lemon flavor, lauric arginate (preservative), citric acid and potassium sorbate (to maintain freshness).

Distributed by
Arbonne International, LLC
9400 Jeronimo Road
Irvine, CA 92618 U.S.A.

Made in the U.S.A.
from globally
sourced ingredients

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