

**BANYAN**  
BOTANICALS

AYURVEDIC HERBS

# Women's Cycle Ease™

Balancing Formula for a  
Kapha-Pitta Menstrual Cycle\*



90 Tablets  
Dietary Supplement

Sustainably Sourced

**SUGGESTED USE:** Take 1-2 tablets once or twice daily or as directed by your health practitioner. For best results take throughout the month, not only at time of menses. As cleansing is taking place, periods may initially be heavier than normal for 1-2 cycles.

This herbal blend addresses the kapha-pitta type of menstrual cycle, with characteristics including heavier flow, a shorter gap between cycles, bloating, fatigue and discomfort.

## Supplement Facts

Serving Size: 1 tablet

Servings Per Container: 90

### Amount Per Tablet

|                                                            |         |
|------------------------------------------------------------|---------|
| Proprietary Blend                                          | 500mg** |
| Punarnava root ( <i>Boerhaavia diffusa</i> ) <sup>+</sup>  |         |
| Ashoka bark ( <i>Saraca indica</i> ) <sup>+</sup>          |         |
| Cinnamon bark ( <i>Cinnamomum cassia</i> ) <sup>+</sup>    |         |
| Boswellia resin ( <i>Boswellia serrata</i> ) <sup>+</sup>  |         |
| Chitrak root ( <i>Plumbago zeylanica</i> ) <sup>+</sup>    |         |
| Kutki root ( <i>Picrorhiza kurroa</i> )                    |         |
| Manjista root ( <i>Rubia cordifolia</i> ) <sup>+</sup>     |         |
| Kanchanar bark ( <i>Bauhinia variegata</i> ) <sup>+</sup>  |         |
| Guggulu resin ( <i>Commiphora mukul</i> ) <sup>+</sup>     |         |
| Turmeric root ( <i>Curcuma longa</i> ) <sup>+</sup>        |         |
| Vidari kanda root ( <i>Ipomoea digitata</i> ) <sup>+</sup> |         |

Other ingredients, from natural sources: organic maltodextrin, silicon dioxide. Free of gluten, soy and dairy. 100% vegetarian.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Keep out of reach of children. Do not use if seal is broken or missing.

\*Certified Organic    \*\*Daily Value not established

Distributed by  
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Certified Organic by  
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of Agriculture



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