

Let's get fresh. Enjoy fresh, organic, whole Valerian prepared with love and hand-crafted for optimum potency. **Here's to your health!**

Does NOT contain dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Excessive consumption may impair ability to drive or operate heavy machinery. Keep out of reach of children. Do not take if pregnant or nursing. If taking medication consult a healthcare professional before use. Discontinue use if unusual symptoms occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Valerian

wishing you
sweet dreams*

1 fl. oz.
(30 mL)



EXTRACT



Suggested Use: Take 1 mL three times daily in warm water or juice, or 3 mL before bedtime or as directed by your healthcare professional. 1 mL = approx. 40 drops. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 mL

Servings Per Container: 30

Amount Per Serving

Fresh Organic Valerian root (<i>Valeriana officinalis</i>)	1000 mg*
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*Daily Value not established

Other Ingredients: Organic alcohol.
Alcohol content: Not more than 60%.

Manufactured by Oregon's Wild Harvest
1601 NE Hemlock Ave, Redmond, OR 97756 USA
1-800-316-6869 • oregonswildharvest.com

Certified Organic by Oregon Tilth



Shake well. Store upright in a cool, dry place.



Lot No./Best by:

R7