

100% Whey Protein

EVERYTHING YOU WANT IN A HIGH QUALITY PROTEIN:

- ✓ **SUPERIOR TASTE** - Surpassing the highest standard in flavor sensory analysis.
- ✓ **OPTIMAL DIGESTION** - Enhanced with digestive enzymes for proper digestion.*
- ✓ **EFFICIENT ABSORPTION** - Enhanced with AstraGin™ to improve the absorption of nutrients.*
- ✓ **COST EFFECTIVE** - Per serving cost that is economical.

Top Secret Nutrition® 100% Whey Protein is an extremely delicious low carb protein that digests well and contains AstraGin™ to support absorption.*

Top Secret Nutrition® 100% Whey Protein contains all of the essential amino acids required in the daily diet. It has the ideal combination of amino acids to improve body composition and enhance athletic performance.

Top Secret Nutrition® 100% Whey Protein is a rich source of branched chain amino acids (BCAAs). BCAAs are essential for athletes, due to

their ability to metabolize directly into the muscle tissue and be utilized during the initial periods of exercise and resistance training.

Top Secret Nutrition® 100% Whey Protein provides the body with over 5.8 grams of BCAAs to replenish depleted levels, and accelerate the repair and rebuilding of lean muscle tissue.

Top Secret Nutrition® 100% Whey Protein is an excellent source of the essential amino acid, leucine. Leucine is important for athletes as it plays a key role in promoting muscle protein synthesis and muscle growth.

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AstraGin™ is a trademark of NuLiv Science.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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100% Whey Protein



GREAT TASTE, TREMENDOUS VALUE & SUPERIOR QUALITY!

MUSCLE RECOVERY & DEVELOPMENT

- **GLUTEN FREE**
- **EASY TO DIGEST**
- **COST EFFECTIVE**
- **SUPERIOR TASTE**
- **IMPROVED ABSORPTION**

› **THE ONLY WHEY PROTEIN WITH AstraGin!**

65 Servings



25G PROTEIN

4G CARBS

5.8G BCAA

NET WT 5 LB (80 OZ) 2272.7 G

DIETARY SUPPLEMENT

Supplement Facts

Serving Size (35g)(1 Scoop)
Servings Per Container 65

	Amount Per Serving	% Daily Value
Calories	150	
Calories from Fat	30	
Total Fat	3 g	5%*
Saturated Fat	0.5 g	3%*
Cholesterol	30 mg	10%
Total Carbohydrate	4 g	1%*
Sugars	3 g	†
Protein	25 g	50%*
Calcium	126 mg	13%
Iron	0 mg	2%
Sodium	70 mg	3%
PROPRIETARY DIGESTIVE & ABSORPTION ACTIVATOR AstraGin™ (notoginseng root ext & astragalus root ext) Protease	35 mg	†

† Daily Value Not Established.

*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Natural And Artificial Flavors, Xanthan Gum, Sucralose, Salt, Acesulfame Potassium, Silicon Dioxide.

Amino Acid Profile For TOP SECRET NUTRITION 100% WHEY PROTEIN.

	Per Serving
ALANINE	1339 mg
ARGININE	734 mg
ASPARTIC ACID	2774 mg
CYSTEINE	615 mg
GLUTAMIC ACID	4525 mg
GLYCINE	523 mg
HISTADINE	511 mg
ISOLEUCINE	1588 mg
LEUCINE	2781 mg
LYSINE	2415 mg
METHIONINE	557 mg
PHENYLALANINE	897 mg
SERINE	1342 mg
THREONINE	1768 mg
TRYPTOPHAN	454 mg
TYROSINE	778 mg
VALINE	1500 mg

ALLERGEN STATEMENT: Contains Ingredients derived from Milk and Soy.

DIRECTIONS: Add 1 scoop to 4-6 oz. of cold water or your favorite beverage and stir/shake/blend.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

WARNINGS: KEEP OUT OF REACH OF CHILDREN. Use this product as a food supplement only. DO NOT use if you are pregnant or nursing or if you have any medical condition. Do not use if seal or package is broken. Store in a cool, dry place.

What Is AstraGin™?

AstraGin™ is a proprietary all natural plant derived compound extracted from highly fractionated Panax notoginseng and Astragalus membranaceus using a proprietary pharmaceutical extraction and processing technology. AstraGin™ is the first and only natural compound that has been demonstrated in vitro, in vivo, and in human studies to significantly promote and improve the absorption of amino acids, glucose, and vitamins at the cellular level, i.e., greater amount of these nutrients are transported from the blood stream into cells, rather than floating in blood stream, for improved bioavailability.

How AstraGin™ Works

The basic mode of action for AstraGin™ is to increase the absorption of amino acids, glucose, and vitamins through the regulation and paralleled alteration on both the protein and mRNA expression levels of the nutrient transporter genes.

The Specific Health Benefits of AstraGin™

In vitro, in vivo, and human studies have demonstrated that AstraGin™ can significantly increase (up-regulate) or decrease (down-regulate) the following specific bio markers:

- ✓ Increases the steady-state absorption rate of amino acids such as Arginine and Tryptophan by 66.7% and 52.5%*
- ✓ Increases vitamin absorption by 50% as studied with Folic Acid*
- ✓ Increases intestinal glucose absorption by 57% that is converted to glycogen in muscle cells*
- ✓ Increases ATP production by 18%*
- ✓ Helps support healthy blood glucose and insulin levels*
- ✓ Increase glycogen in muscle cells (24 hours after strenuous exercise) by 60%*