

## Did you know?

A daily dose of stress can wear you down. Stress can affect your adrenal glands causing adrenal depletion. Digestion slows. Sleep is disrupted. You're tired during the day but can't sleep well at night. It's a vicious cycle. Stress Guard™ is a wonderful combination of whole organic herbs and organic B-vitamins designed to help your body adapt to stress.\*

**Let's get fresh.** Crack open a bottle and take a deep breath. That's fresh, whole, organic herbs and vitamins and a patented amino acid (L-Theanine) you smell. Prepared with love for optimum potency.

### Here's to your health!

Does NOT contain dairy, wheat, peanuts, soy, gluten or corn allergens.

**CAUTION:** Do not take if sensitive to peanuts or chickpeas. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

**Suntheanine®** is a registered trademark of Taiyo International Inc. It's the only L-Theanine available that has proven clinical use and safety.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# Stress Guard™

calms and soothes  
the nerves\*

clinically proven dose  
of L-Theanine



90 VEGETARIAN  
CAPSULES



**Suggested Use:** As an herbal supplement, take three capsules daily with food or as directed by your healthcare professional. Do not exceed recommended dose.

## Supplement Facts

Serving Size: 3 caps/Servings Per Container: 30

| Amount Per Serving                                        | % DV         |
|-----------------------------------------------------------|--------------|
| Vitamin B1 (Thiamine HCl)**                               | 550 mcg 36%* |
| Vitamin B2 (Riboflavin)**                                 | 530 mcg 31%* |
| Vitamin B3 (Niacin)**                                     | 900 mcg 5%*  |
| Vitamin B5 (Pantothenic Acid)**                           | 1 mg 10%*    |
| Vitamin B6 (Pyridoxine HCl)**                             | 550 mcg 28%* |
| Vitamin B9 (Folic Acid)**                                 | 100 mcg 25%* |
| Organic Holy Basil leaf ( <i>Ocimum sanctum</i> )         | 300mg +      |
| Organic Licorice root ( <i>Glycyrrhiza glabra</i> )       | 300mg +      |
| Organic Ashwagandha root<br>( <i>Withania somnifera</i> ) | 300mg +      |
| Organic Skullcap tops ( <i>Scutellaria lateriflora</i> )  | 300mg +      |
| <b>Suntheanine®</b> (L-Theanine)                          | 50mg +       |

\*Daily Value not established

\*\*Percent Daily Values are based on a 2000 calorie diet

**Other Ingredients:** Pullulan vegetarian capsules and nothing else.

\*\*Organic fruit concentrates of Guava, Holy Basil and Lemon.

Manufactured with love by Oregon's Wild Harvest  
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