

100% Whey Protein

EVERYTHING YOU WANT IN A HIGH QUALITY PROTEIN:

- ✓ **SUPERIOR TASTE** - Surpassing the highest standard in flavor sensory analysis.
- ✓ **OPTIMAL DIGESTION** - Enhanced with digestive enzymes for proper digestion.*
- ✓ **EFFICIENT ABSORPTION** - Enhanced with AstraGin™ to improve the absorption of nutrients.*
- ✓ **COST EFFECTIVE** - Per serving cost that is economical.

Top Secret Nutrition® 100% Whey Protein is an extremely delicious low carb protein that digests well and contains AstraGin™ to support absorption.*

Top Secret Nutrition® 100% Whey Protein contains all of the essential amino acids required in the daily diet. It has the ideal combination of amino acids to improve body composition and enhance athletic performance.

Top Secret Nutrition® 100% Whey Protein is a rich source of branched chain amino acids (BCAAs). BCAAs are essential for athletes, due to

their ability to metabolize directly into the muscle tissue and be utilized during the initial periods of exercise and resistance training.

Top Secret Nutrition® 100% Whey Protein provides the body with over 5.7 grams of BCAAs to replenish depleted levels, and accelerate the repair and rebuilding of lean muscle tissue.

Top Secret Nutrition® 100% Whey Protein is an excellent source of the essential amino acid, leucine. Leucine is important for athletes as it plays a key role in promoting muscle protein synthesis and muscle growth.

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AstraGin™ is a trademark of NuLiv Science.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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100% Whey Protein

TOP SECRET

GREAT TASTE, TREMENDOUS VALUE & SUPERIOR QUALITY!

- **GLUTEN FREE**
- **EASY TO DIGEST**
- **COST EFFECTIVE**
- **SUPERIOR TASTE**
- **IMPROVED ABSORPTION**

› **THE ONLY WHEY PROTEIN WITH** AstraGin!

65 Servings



CHOCOLATE
ICE CREAM

25G
PROTEIN

5G
CARBS

5.7G
BCAA

NET WT 5 LB (80 OZ) 2272.7 G

DIETARY SUPPLEMENT

Supplement Facts

Serving Size (35g)(1 Scoop)
Servings Per Container 65

	Amount Per Serving	% Daily Value
Calories	140	
Calories from Fat	20	
Total Fat	2.5 g	4%*
Saturated Fat	1 g	5%*
Cholesterol	45 mg	15%
Total Carbohydrate	5 g	2%*
Dietary Fiber	2 g	8%*
Sugars	2 g	†
Protein	25 g	50%*
Vitamin C	1 mg	2%
Calcium	134 mg	13%
Iron	2 mg	8%
Sodium	75 mg	3%

PROPRIETARY DIGESTIVE & ABSORPTION ACTIVATOR
AstraGin™ (notoginseng root ext & astragalus root ext)
Protease

† Daily Value Not Established.

*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Cocoa Processed with Alkali, Xanthan Gum, Natural And Artificial Flavors, Sucralose, Acesulfame Potassium, Salt, Silicon Dioxide.

ALLERGEN STATEMENT: Contains
Ingredients derived from Milk
and Soy.

DIRECTIONS: Add 1 scoop to
4-6 oz. of cold water or your
favorite beverage and
stir/shake/blend.

CAUTION: If you are taking
anti-coagulant or anti-platelet
medications, or have a bleeding
disorder, consult your healthcare
provider before taking this product.

WARNINGS: KEEP OUT OF REACH
OF CHILDREN. Use this product as
a food supplement only. DO NOT
use if you are pregnant or nursing
or if you have any medical
condition. Do not use if seal or
package is broken. Store in a cool,
dry place.

Amino Acid Profile For TOP SECRET NUTRITION 100% WHEY PROTEIN.

	Per Serving
ALANINE	1274 mg
ARGININE	615 mg
ASPARTIC ACID	2733 mg
CYSTEINE	602 mg
GLUTAMIC ACID	4459 mg
GLYCINE	457 mg
HISTADINE	446 mg
ISOLEUCINE	1599 mg
LEUCINE	2692 mg
LYSINE	2383 mg
METHIONINE	553 mg
PHENYLALANINE	807 mg
SERINE	1220 mg
THREONINE	1709 mg
TRYPTOPHAN	445 mg
TYROSINE	727 mg
VALINE	1426 mg

What Is AstraGin™?

AstraGin™ is a proprietary all natural plant derived compound extracted from highly fractionated Panax notoginseng and Astragalus membranaceus using a proprietary pharmaceutical extraction and processing technology. AstraGin™ is the first and only natural compound that has been demonstrated in vitro, in vivo, and in human studies to significantly promote and improve the absorption of amino acids, glucose, and vitamins at the cellular level, i.e., greater amount of these nutrients are transported from the blood stream into cells, rather than floating in blood stream, for improved bioavailability.

How AstraGin™ Works

The basic mode of action for AstraGin™ is to increase the absorption of amino acids, glucose, and vitamins through the regulation and paralleled alteration on both the protein and mRNA expression levels of the nutrient transporter genes.

The Specific Health Benefits of AstraGin™

In vitro, in vivo, and human studies have demonstrated that AstraGin™ can significantly increase (up-regulate) or decrease (down-regulate) the following specific bio markers:

- ✓ Increases the steady-state absorption rate of amino acids such as Arginine and Tryptophan by 66.7% and 52.5%*
- ✓ Increases vitamin absorption by 50% as studied with Folic Acid*
- ✓ Increases intestinal glucose absorption by 57% that is converted to glycogen in muscle cells*
- ✓ Increases ATP production by 18%*
- ✓ Helps support healthy blood glucose and insulin levels*
- ✓ Increase glycogen in muscle cells (24 hours after strenuous exercise) by 60%*